



NEW MEXICO SENIOR OLYMPICS

Ernesto Ramos State Summer Games
Las Cruces, NM
June 18-22, 2025

Largest Multi-Sport Event Offered For Seniors 50+

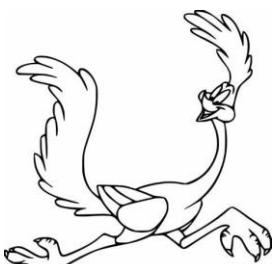
INFORMATION BOOK

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NEW MEXICO SENIOR OLYMPICS

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LAS CRUCES



TRADITIONS

Spring



CASCARONES

- Hollowed out colorful eggs filled with paper confetti. It's a tradition to chase your family around during the Easter season and crack an egg on their head.

BAYLOR CANYON PASS WILDFLOWERS

If the rains are generous enough, in spring, yellow poppies blanket the northern foothills of the Organ Mountains along Baylor Canyon Pass. All visitors are asked to be respectful and not step on, pick or crush the flowers while at the site.

Summer

CALABACITAS

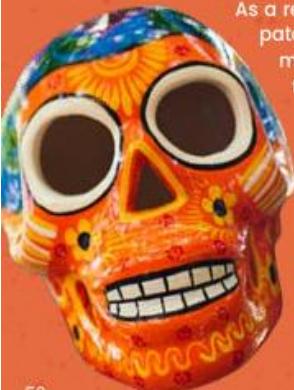
Southern New Mexico has a great climate for growing squash and zucchini, making "Calabacitas" a perfect summer dish. Although it translates to "little squash," this dish often incorporates sautéed corn, tomatoes and onion. Chile and cheese are welcome additions.



Fall

CORN MAZES

The Mesilla Valley becomes ripe with fall festivities during the season. As a renowned agricultural community, its corn fields and pumpkin patches are frequented throughout September and October, and made even better by the idyllic weather. Get lost in one of two of the area's corn mazes—La Union Maze or Mesilla Valley Maze.



DÍA DE LOS MUERTOS

In late fall, Mesilla and Doña Ana hold Dia de los Muertos celebrations. The holiday honors deceased loved ones. Ofrendas or small altars are built to honor their memory and consist of colorful decorations and offerings. It is celebrated over three days locally and encompasses Oct. 31, known as Day of the Dead; Nov. 1, known as All Saints Day; and Nov. 2, known as All Souls Day. The celebrations can vary by region.

Winter

LUMINARIAS

Luminarias are traditional New Mexico holiday decorations. The paper lanterns are weighed down by sand with a candle nestled safely inside. Tealights or bulbs are used now. They are sometimes referred to as "farolitos."



BISCOCHOS

Every family seems to have their own "secret" recipe for these melt-in-your mouth, shortbread-style cookies. Anise, cinnamon and sugar create the base flavors to this holiday and family-gathering favorite. It's what each family adds to their own recipe that makes it special.

PONCHE NAVIDEÑO

This hot, spiced fruit punch is made with fruits like guava and tejocotes. It is flavored with piloncillo, cinnamon sticks, jamaica and sugar cane. Some recipes may also add dried plums, apples, oranges, tamarindo, cloves and alcohol.



CHAMPURRADO

This is another hot beverage perfect for warming those cold desert nights. Base ingredients include masa (corn dough), piloncillo, cinnamon and other spices. The masa adds a creamy consistency that makes the texture and flavor unique.

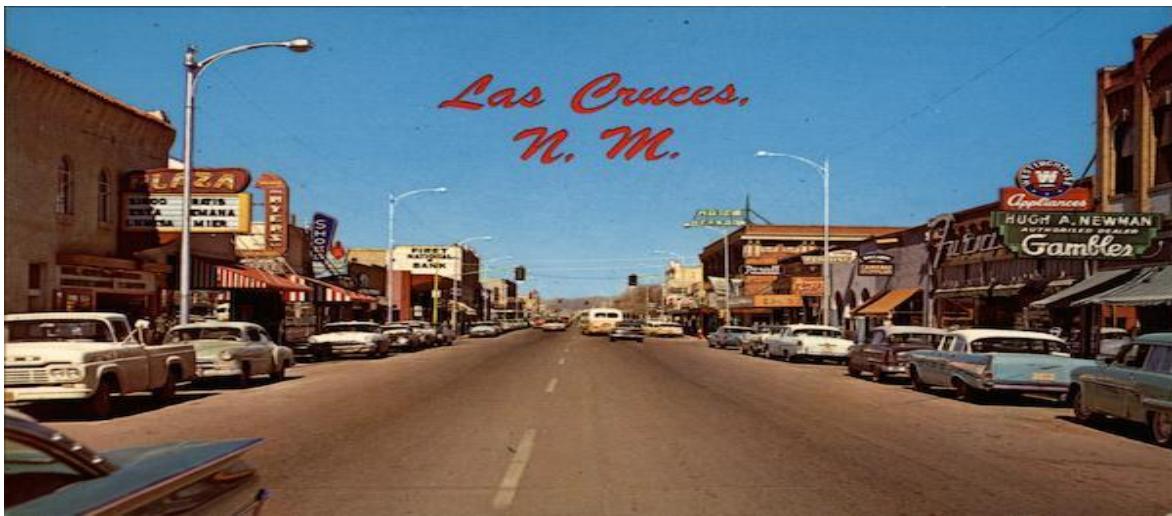


TAMALES

Tamale making is one way to involve family in the making of their own meal. The process consists of spreading masa on a dried corn husk, adding your filling—red chile meat, green chile cheese, green chile chicken and more—wrapping it, then steaming the tamales in large batches. The process is time consuming, but well worth the wait!

POSOLE AND MENUDO

Posole and menudo are cure-alls for a lot of people. The soups start off with a hominy and then deviate from there. Menudo has tripe and a red chile base, which sets the flavor apart from posole. Posole typically has chicken, pork or beef to flavor the broth along with either a red chile or green chile base. Lime, oregano, onion, radish, cabbage are toppings that add even more flavor and texture to the heartiness of the dish. Recipes can vary significantly from family to family, making it a staple dish during the holidays.



History Sheet

Las Cruces is the second largest city in New Mexico.

The name "Las Cruces" translates to "The Crosses" in Spanish.

The area was originally inhabited by the Manso people, a Native American tribe.

Las Cruces was officially founded in 1849. Initially the neighboring town of Mesilla was the larger settlement, until the railroad was built in the 1880s and New Mexico State University (first known as Las Cruces College) was founded in 1888, both contributing to the growth in population. The land Las Cruces sits on was ceded to the United States as a result of the Treaty of Guadalupe Hidalgo of 1848, marking the end of the Mexican American War. The historic Mesilla Plaza, located nearby, was once part of Mexico before the Gadsden Purchase in 1854.

Las Cruces is in southern New Mexico at the crossroads of two major interstates—Interstate 10 and Interstate 25.

Fort Selden was built in 1865 and was the original home of the Buffalo Soldiers.

Las Cruces is home to the New Mexico Farm and Ranch Heritage Museum which spans 47 acres and is the one of the most visited attractions in southern New Mexico.

Geronimo's Cave is located Las Cruces' Robledo Mountains and is said to have been used by the Apache leader and his followers to escape from U.S. soldiers in the late 1800s. Today it is a popular hiking destination.

Las Cruces is home to the world's largest roadrunner and world's largest chile pepper.

Las Cruces was once home to the world's largest enchilada. It was a flat enchilada made by local Roberto Estrada and held the title since 1980. The title was lost during Mexico City's 2012 National Enchilada Fair when a larger, rolled enchilada was created. Some say it is not a fair comparison.

In 1989, New Mexico made the “biscochito” or “biscocho” its official state cookie.

In 1629, the first grapevines were planted along the Rio Grande and were originally smuggled from Spain by monks to make wine for ceremony and sacrament. This established southern New Mexico as the oldest wine-producing region in the nation.

Pat Garrett, who became renowned for killing the infamous outlaw Billy the Kid, was the sheriff of Doña Ana County from 1896-1902.

In 1996, New Mexico became the only state to establish an official state question, referring to its most famous product, Chile. The question is “Red or Green?”

Las Cruces is home to the Chile Pepper Institute, the only international, non profit devoted to the education and research of Chile peppers.

New Mexico is the second largest pecan-producing state in the nation.

Doña Ana County is the top pecan-producing county in the nation with over 32,000 acres of pecan orchards.

For all those pop culture buffs, an entire episode of the 90s sitcom *Wings* revolves around a flight to Las Cruces. In the episode titled “Das Plane” a man pays \$10,000 at a charity auction for a flight anywhere. He chooses to fly from Nantucket to see his estranged brother in Las Cruces.

In an episode of *Boston Legal* titled “Death Be Not Proud” an aerial shot of Las Cruces is shown to indicate the “Texas” city lawyer Alan Shore is traveling to.





WHAT IS HAPPENING AT THE GAMES?

CONVENTION CENTER

Athlete Check in – Tuesday - Saturday

Opening Ceremonies – Wednesday @ 6

Result Posting – Lobby

Souvenir Store

Health Fair – Thursday 9 am – 3 pm

Opening Ceremonies

Wednesday 06/18 @6PM

Las Cruces Convention Center:

309 W. San Francisco Street

- Appetizers
- Refreshments
- Music
- Door Prizes



Las Cruces Convention Center

Athlete Check-In

June 17th through June 21st

Hours:

Tuesday

8:00am – 7:00pm

Wednesday – Friday

7:00am – 5:00pm

Saturday

7:00am – 12:00pm

Game Headquarters

Resolution Desk

Result Posting

Sports Tables

Welcome Bags

Name Badges

Event Listings



2025 State Summer Games Headquarters

Las Cruces Convention Center

Game Week

June 17th - 21st 2025

Tuesday

Hours- 8:00 AM To 7:00 PM

Wednesday - Friday

Hours- 7:00 AM To 5:00 PM

Saturday

Hours- 7:00 AM To 12:00 PM

Phone: 505-392-6305 Game Headquarters



Result Posting

Located at
Convention Center
Lobby

**2025 NEW MEXICO SENIOR OLYMPICS
ERNESTO RAMOS STATE SUMMER GAMES SCHEDULE
LAS CRUCES, NM JUNE 18-22, 2025**

2/4/25

SPECIAL EVENTS	TUESDAY JUNE 17	WEDNESDAY JUNE 18	THURSDAY JUNE 19	FRIDAY JUNE 20	SATURDAY JUNE 21
ATHLETE CHECK-IN SOUVENIR STORE Las Cruces Convention Center LOBBY	8:00 AM TO 7:00 PM	7:00 AM TO 5:00 PM	7:00 AM TO 5:00 PM	7:00 AM TO 5:00 PM	7 AM TO 12 NOON
OPENING CEREMONY Las Cruces Convention Center EXHIBIT HALLS		6:00 PM			
HEALTH FAIR Las Cruces Convention Center LOBBY/HALLWAY			9:00 AM TO 3:00 PM		

SPORTS AND EVENTS

SPORT/EVENTS	WEDNESDAY JUNE 18	THURSDAY JUNE 19	FRIDAY JUNE 20	SATURDAY JUNE 21	SUNDAY JUNE 22
AIR GUN Zia Middle School 1300 E University Ave Robert Distlehorst 575-202-4061	Pistol Supported 8:00 am M 50, 55, 60 1:00 pm W 50, 55, 60 Rifle Supported 8:00 am W 50, 55, 60 1:00 pm M 50, 55, 60 Pistol Standing 10:00 am M 50, 55, 60 3:00 pm W 50, 55, 60 Rifle Standing 10:00 am W 50, 55, 60 3:00 pm M 50, 55, 60	Pistol Supported 8:00 am M 65, 75, 80 1:00 pm W 65, 75, 80 Rifle Supported 8:00 am W 70, 85, 90+ 1:00 pm M 70, 85, 90+ Pistol Standing 10:00 am M 65, 75, 80 3:00 pm W 65, 75, 80 Rifle Standing 10:00 am W 70, 85, 90+ 3:00 pm M 70, 85, 90+	Pistol Supported 8:00 am M 70, 85, 90 1:00 pm W 70, 85, 90+ Rifle Supported 8:00 am W 65, 75, 80 1:00 pm M 65, 75, 80 Pistol Standing 10:00 am M 70, 85, 90+ 3:00 pm W 70, 85, 90+ Rifle Standing 10:00 am W 65, 75, 80 3:00 pm M 65, 75, 80		
ARCHERY NMSU Upper Intramural Field Locust St.				M & W ALL AGES 8:00 am Barebow Recurve Compound Release	
BASKETBALL SKILLS FREE THROW NMSU Activity Center 1600 Stewart St Kerri McLain 575-288-5268	ALL AGES 8:00 am Men 10:00 am Women				
BASKETBALL SKILLS 3 POINT SHOT NMSU Activity Center 1600 Stewart St Kerri McLain 575-288-5268	ALL AGES 9:00 am Men 11:00 am Women				

EVENTS	WEDNESDAY JUNE 18	THURSDAY JUNE 19	FRIDAY JUNE 20	SATURDAY JUNE 21	SUNDAY JUNE 22
BILLIARDS 8 BALL The Game Billiards 254 E. Lohman Ave Cathy Cowger 575-202-4506		Men ALL AGES 9:00 am Women All Ages 1:00 pm			
CORNHOLE Las Cruces Convention Center East Ballroom 1 680 E University Ave Jaime Flores 575-993-8634	M & W Doubles 8:00 am 50, 55, 85, 90+ 10:00 am 70, 75, 80 1:00 pm 60, 65	M & W Singles 8:00 am 50, 55, 80, 85, 90+ 10:00 am 70, 75 1:00 pm 60, 65			
CYCLING NMSU Campus and Las Alturas Dr. Staging TBD Shane Asbury 512-400-8485				M & W All Ages 7:00 am Check-in 7:30 am 5K Time Trial 9:00 am 10K Time Trial	M & W All Ages 7:00 am Check-in 7:30 am 20K Road Race
FIELD Field Of Dreams 2300 Tashiro Dr. Greg Mallory 505-504-1920		M & W Triple Jump 7:00 am 50, 55, 60, 65, 70, 75, 80, 85, 90+ Standing Long Jump 8:00 am 50, 55, 60, 65 9:00 am 70, 75, 80, 85, 90+ Running Long Jump 7:00 am 70, 75, 80, 85, 90+ 9:00 am 50, 55, 60, 65 Pole Vault 8:00 am 50, 55, 60, 65, 70, 75, 80, 85, 90+ High Jump 7:00 am 50, 55, 60, 65 9:00 am 70, 75, 80, 85, 90+	M & W Javelin 8:00 am 50, 55, 60, 65 10:00 am 70, 75, 80, 85, 90+ Shot Put 7:00 am 50, 55, 60, 65 10:00 am 70, 75, 80, 85, 90+ Discus 8:00 am 70, 75, 80, 85, 90+ 10:00 am 50, 55, 60, 65		
FRISBEE ACCURACY NMSU Activity Center 1600 Stewart St Jon Johnson 575-313-5119	M & W 1:00 pm 70, 75 2:00 pm 50, 55, 80, 85, 90+ 3:00 pm 60, 65				
FRISBEE DISTANCE NMSU Lower Intramural Field Stewart & Locust Connie Limon 575-640-3649		M & W 8:00 am 80, 85, 90+ 9:00 am 70, 75 10:00 am 60, 65 11:00 am 50, 55			

EVENTS	WEDNESDAY JUNE 18	THURSDAY JUNE 19	FRIDAY JUNE 20	SATURDAY JUNE 21	SUNDAY JUNE 22
GOLF NMSU Golf Course 3000 Herb Wimberly Dr. Jason White 575-646-3362		M & W ALL AGES 7:30 am Shotgun Start			
HUACHAS (Washers) Las Cruces Convention Center East Ballroom 2 680 E University Ave			M & W 9:00 am 50, 55, 60 10:00 am 65 11:00 am 70, 75 1:00 pm 80, 85, 90+		
PICKLEBALL NMSU Activity Center 1600 Stewart St		8:00 am Women's Singles All Age Divisions 10:00 am Men's Singles All Age Divisions 1:00 pm Women Doubles 50, 55 3:00 pm Men Doubles 50, 55	8:00 am Men's Doubles 70, 75, 80, 85, 90+ 10:00 am Women Doubles 70, 75, 80, 85, 90+ 1:00 pm Men Doubles 60, 65 3:00 pm Women Doubles 60, 65		
POWERLIFTING One More Rep Gym 1400 El Paseo Rd Ste 2 Rich Kahle 575-644-5415			8:00 am All Ages Men and Women		
POWER WALK NMSU Sisbarro Park Field Of Dreams	3:00 pm Athlete Meeting Las Cruces Convention Center	8:30 am 5K Men/Women All Ages NMSU Sisbarro Park	8:00 am 1500M Women All Ages 8:30 am 1500M Men All Ages Field of Dreams		
RACE WALK NMSU Sisbarro Park Field Of Dreams	2:00 pm Athlete Meeting Las Cruces Convention Center	7:00 am 5K Men/Women All Ages NMSU Sisbarro Park	7:00 am 1500M Women All Ages 7:30 am 1500M Men All Ages Field of Dreams		
ROAD RACE RUN NMSU Williams Ave. David Nuñez 575-644-1321	7:00 am 10K Run M & W ALL AGES	7:00 am 5K Run M & W ALL AGES			
SHUFFLEBOARD Las Cruces Convention Center 680 E University Ave Lucas Chavez 505-401-4417			Doubles 8:00 am 70, 75 11:00 am 50, 55, 80, 85, 90+ 2:00 pm 60, 65	M & W Singles 8:00 am 70, 75 11:00 am 50, 55, 80, 85, 90+ 2:00 pm 60, 65	
				SCHEDULE IS SUBJECT TO CHANGE	

EVENTS	WEDNESDAY JUNE 18	THURSDAY JUNE 19	FRIDAY JUNE 20	SATURDAY JUNE 21	SUNDAY JUNE 22
SOCCER ACCURACY NMSU CLUB SOCCER PITCH Field Wells St & Williams Ave	M & W 7:00 am 65 8:00 am 80, 85, 90+ 9:00 am 70, 75 10:00 am 50, 55, 60				
SOFTBALL DISTANCE Lower Intramural Field Corner of Wells St & Williams Ave Ruben Mijarez 915-217-9479	M & W 7:00 am 50, 55, 60 8:00 am 70, 75 9:00 am 80, 85, 90+ 10:00 am 65				
SWIMMING NMSU Aquatic Center Indoor Pool 1600 Stewart St MICHELLE MASON 575-646-4229		M & W ALL AGES 7:00 am Warm Up 8:00 am Competition 100Y IM 200Y Back 100Y Free 50Y Fly 100Y Breast 50Y Back 200Y Co-Ed Med Relay 200Y Fly 500Y Free	M & W ALL AGES 7:00 am Warm Up 8:00 am Competition 200Y Free 100Y Fly 50Y Breast 200Y IM 100Y Back 200Y Breast 50Y Free 400Y IM		
TABLE TENNIS Mesilla Valley Christian 3850 Stern Dr. Marv Sommers 505-239-1443			M & W ALL AGES 8:30 am Singles 11:00 am Doubles 1:00 pm Mixed Doubles		
TAI CHI Las Cruces Convention Center East Ballroom 2 680 E University Ave Dawn Armstrong 575-496-8573		M & W ALL AGES 10:00 am			
TENNIS NMSU Tennis Courts 1800 Wells St Emily Wang 785-840-4163		ALL AGES 7:00 am Singles M & W 4:00 pm Doubles Men Doubles Women			
TRACK Field of Dreams 2300 Tashiro Dr. David Nuñez 575-644-1321			M & W 9:00 am CHECK-IN 9:30 am 800M Estimated Run/Walk 10:00 am 400M Estimated Run/Walk	M & W ALL AGES 7:00 am 1500M 8:00 am 800M 9:00 am 100M 9:30 am 400M 10:00 am 200M 10:30 am 50M 11:00 am 400M Co-Ed Relay	
SCHEDULE IS SUBJECT TO CHANGE					



2025 SENIOR OLYMPICS SUMMER GAMES



SPORTS SCHEDULE AT A GLANCE

Check our website for age division detailed schedule

SCHEDULE IS SUBJECT TO CHANGE

2-18-25

SPORT OPEN TO OUT OF STATE	VENUE	WEDNESDAY JUNE 18	THURSDAY JUNE 19	FRIDAY JUNE 20	SAT/SUN JUNE 21/22
AIR GUN	Zia Middle School	X	X	X	
ARCHERY	NMSU Upper Intramural Field				X
BASKETBALL SKILLS FREE THROW	NMSU Activity Center	X			
BASKETBALL SKILLS 3 POINT	NMSU Activity Center	X			
BILLIARDS 8 BALL	The Game Billiards		X		
CORNHOLE	Las Cruces Convention Center	X	X		
CYCLING	Las Alturas Dr.				X/X
FIELD	Field of Dreams		X	X	
FRISBEE ACCURACY	NMSU Activity Center	X			
FRISBEE DISTANCE	NMSU Lower Intramural Field		X		
GOLF	NMSU Golf Course		X		
HUACHAS (Washers)	Las Cruces Convention Center			X	
PICKLEBALL	NMSU Activity Center		X	X	
POWERLIFTING	One More Rep Gym			X	
POWER WALK	NMSU Sisbarro Park/Field of Dreams		X	X	
RACE WALK	NMSU Sisbarro Park/Field of Dreams		X	X	
ROAD RACE RUN	NMSU Williams Ave.	X	X		
SHUFFLEBOARD	Las Cruces Convention Center			X	X
SOCCER ACCURACY	NMSU Club Soccer Pitch Field	X			
SOFTBALL DISTANCE	NMSU Lower Intramural Field	X			
SWIMMING	NMSU Aquatic Center – indoor pool		X	X	
TABLE TENNIS	Mesilla Valley Christian School			X	
TAI CHI	Las Cruces Convention Center		X		
TENNIS	NMSU Tennis Courts		X		
TRACK	Field of Dreams			X	X

SCHEDULE IS SUBJECT TO CHANGE



Wednesday

- Air Gun
- Archery
- Basketball Skills Free Throw & 3 Point Shot
- Cornhole Doubles M&W
- Frisbee Accuracy
- Power Walk
- Race Walk
- Road Race Run
- Soccer Accuracy
- Softball Distance



Thursday

- Air Gun
- Billiards 8 Ball
- Cornhole Singles
- Field
- Frisbee Distance
- Golf
- Pickleball
- Power Walk
- Race Walk
- Road Race Run
- Swimming
- Tai Chi
- Tennis



Friday

- Air Gun
- Field
- Huachas (Washers)
- Pickleball
- Powerlifting
- Power Walk
- Race Walk
- Shuffleboard Doubles
- Swimming
- Table Tennis
- Track



Saturday

- Archery
- Cycling
- Shuffleboard
- Track

Sunday

- Cycling



CONFLICT RESOLUTION PROCEDURES

Try to resolve the conflict right there on the spot if possible. Refer to the Guidelines.

Remember, we realize the Sport Coordinator will not have a lot of time to spare, so make your decisions quickly and fairly.

Inform them they have the option to turn in a complaint in writing within 24 hours, if the participant(s) are not satisfied with your decision or ruling.

One copy of this complaint would go to the Sport Coordinator and another to the Game Headquarters Office at the Civic Center.

Complete the Protest Form and turn it into the Game Headquarters ASAP.

The Game Management will then make the decision to summon the Arbitration Committee to handle the conflict if needed.



COMPLAINTS AND PROTEST GUIDELINES

Be an Active Listener. Get all the details and write them down. Ask the person involved so that you are certain of the circumstances and exactly what the complaint is.

Don't Assume Anything. Don't try to guess what the problem is or what the solutions might be. If you are not sure about the course of action to take, please consult Game Headquarters.

Treat them the same way you would like to be treated. Remember, you might think that the complaint is silly or unwarranted, but the athlete making the complaint does not.

- Remember to be courteous and friendly
- Read and be familiar with the rules for your event.
- Record the name(s) of persons or athletes that are issuing the complaint or protest.

Procedures if warranted. Follow Sport Coordinator
Conflict Resolution



PROTEST FORM INSTRUCTIONS

1. If an athlete has a complaint about an event give them a Protest Form to fill out
2. Let them know they have 24 hours from the time of the incident to fill out the form
3. Return the form to Game Headquarters and make a copy
4. Leave contact information example: Name, Cell number, Hotel room number, hotel information, Event
5. All protests will be reviewed by the arbitration committee
6. The committee will rule within 24 hours and a copy will be made for review in the office
7. The athlete and local coordinator will be notified when the committee has rules



New Mexico Senior Olympics, Inc. Written Protest Form

The following process is required for filing an official game protest:

- A. An initial written protest must first be filed with the Event Manager within 30 minutes of the incident and a copy provided to NMSO. Any person(s) may file on behalf of an athlete. Event Manager will evaluate initial protest and render a decision/ruling.
- B. If an athlete feels the Event Managers decision/ruling is such that a written protest must be filed with the Arbitration Committee, please complete the written protest form below and submit to Game Headquarters within 24 hours of incident. All written protests will be reviewed and ruled by the Arbitration Committee in a timely manner. All decisions rendered by the Arbitration Committee are considered final and are not subject to further appeal.
- C. An official written ruling on behalf of the Arbitration Committee will be submitted to person(s) completing written protest form.

Please print:

Your Name: _____

Name of Athlete (if different): _____ Age: _____

County/Local Game Site: _____

Event Location of incident: _____ Date: _____ Time: _____

Name of Event Manager and/or Volunteer involved: _____

Have you provided a copy of the initial protest to NMSO? Yes No

Briefly describe the incident. What was the first thing that made you realize there was an incident needing attention?

List others who were present

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Do you feel the State Senior Olympic Rules were followed? Yes No Unknown

If no, how did the situation differ from the Rules?

In your opinion, what is the most important point the Arbitration Committee should examine?

What is the second most important point?

What would you suggest as a possible solution?

Signature

Date

Time

Athlete Signature

Date

Time

For Office use only

Arbitration Committee Findings:

Signed: _____ Date _____

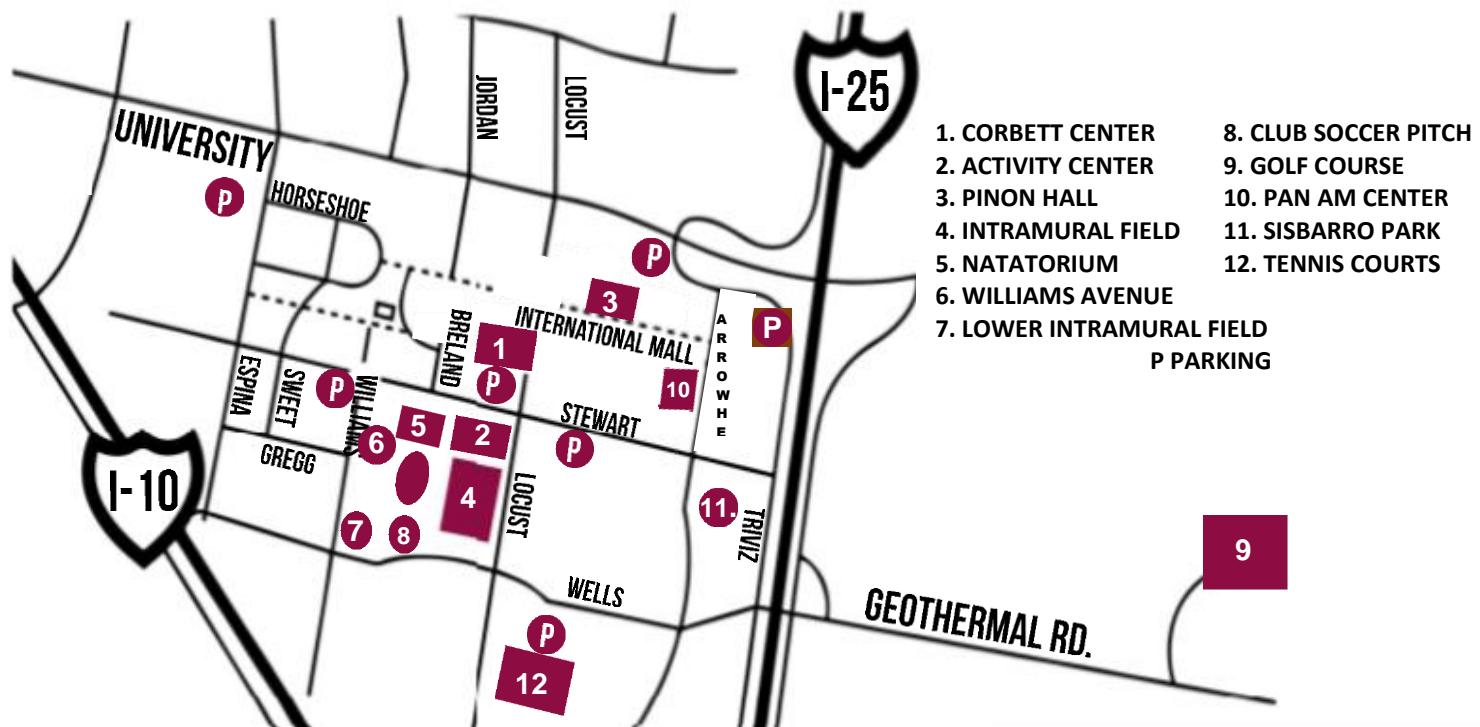
Signed: _____ Date _____

Signed: _____ Date _____

Signed: _____ Date _____

NEW MEXICO SENIOR OLYMPICS ERNESTO RAMOS STATE SUMMER GAMES

NMSU CAMPUS MAP



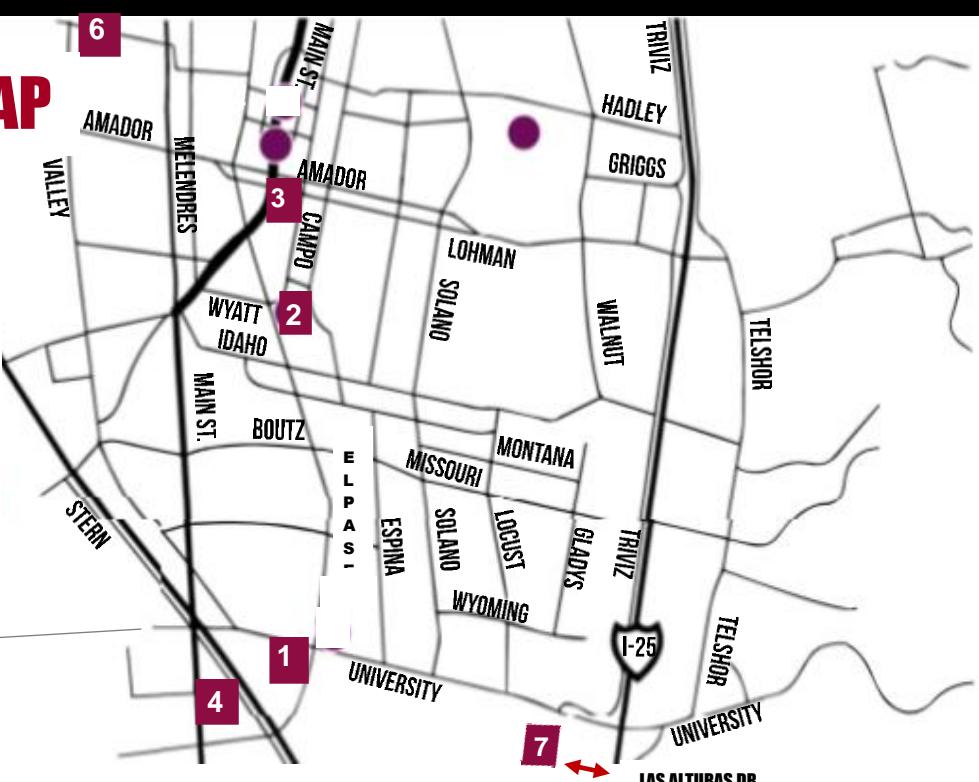
1. CORBETT CENTER
 2. ACTIVITY CENTER
 3. PINON HALL
 4. INTRAMURAL FIELD
 5. NATATORIUM
 6. WILLIAMS AVENUE
 7. LOWER INTRAMURAL FIELD
 8. CLUB SOCCER PITCH
 9. GOLF COURSE
 10. PAN AM CENTER
 11. SISBARRO PARK
 12. TENNIS COURTS
- P PARKING

LAS CRUCES CITY MAP

1. LAS CRUCES CONVENTION CENTER
 2. MUNSON SENIOR CENTER
 3. THE GAME BILLIARDS
 4. MESILLA VALLEY CHRISTIAN SCHOOL
 5. ZIA MIDDLE SCHOOL
 6. FIELD OF DREAMS-2300 Tashiro Dr
 7. LAS ALTURAS – Cycling Staging
- Track and Field

2/25/25

NM STATE ROAD 101



2025 NEW MEXICO SENIOR OLYMPICS ERNESTO RAMOS STATE SUMMER GAMES

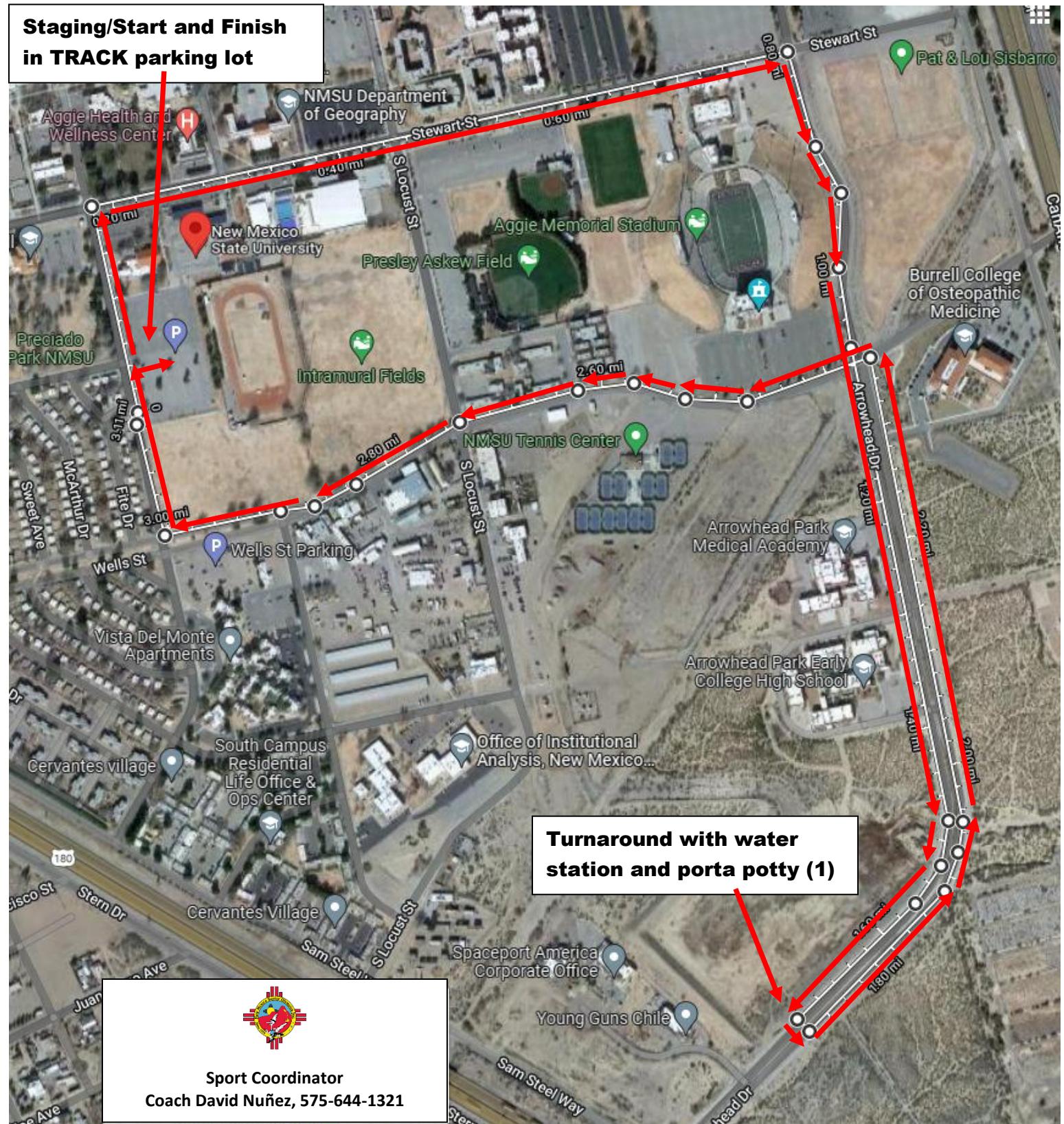
ROAD RACE 5K ROUTE

Thursday, June 19, 2025

Start time 7:00 a.m.

Start and Finish in the Track parking lot. Parking at Track parking lot.

**Staging/Start and Finish
in TRACK parking lot**



2025 NEW MEXICO SENIOR OLYMPICS ERNESTO RAMOS STATE SUMMER GAMES

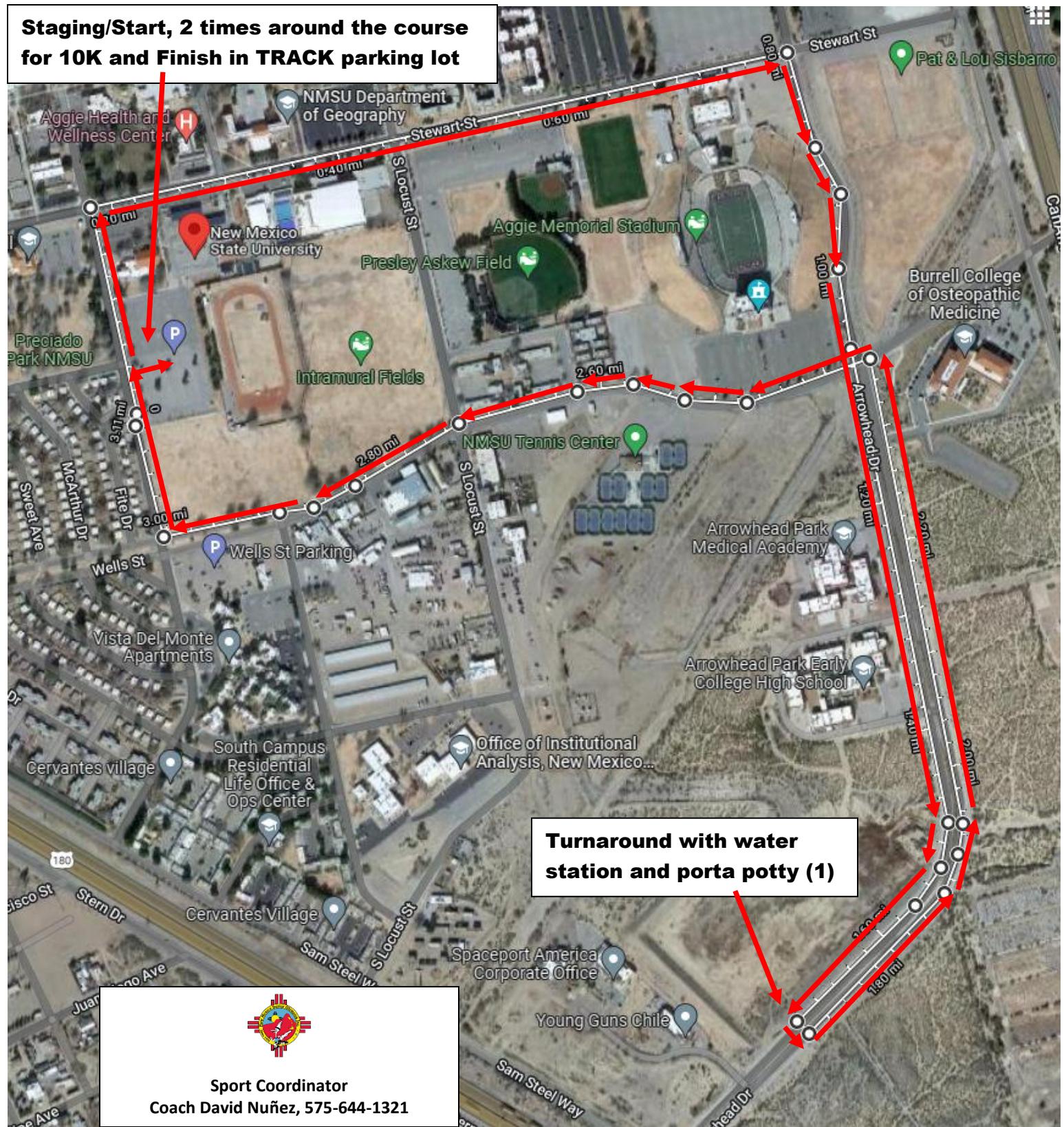
ROAD RACE 10K ROUTE

Wednesday, June 18, 2023 Start time 7:00 a.m.

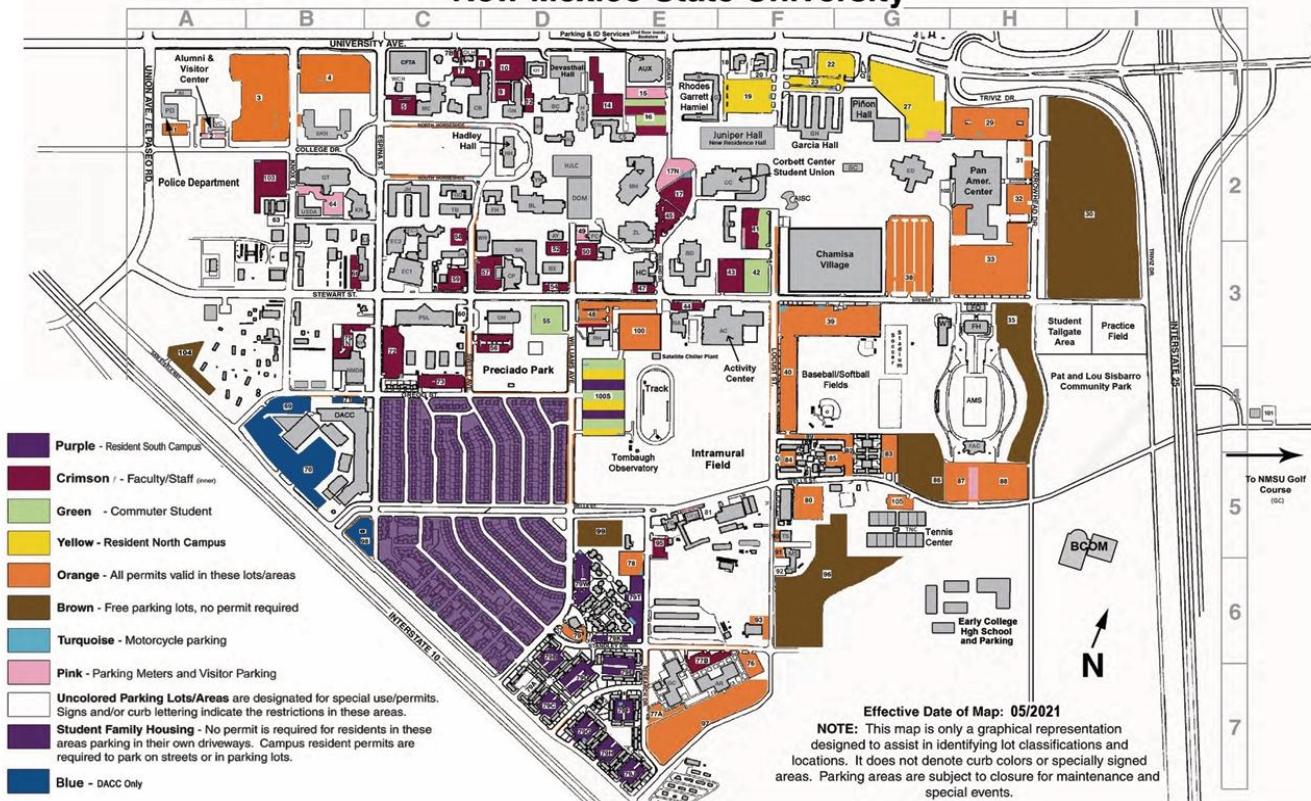
Twice around course for 10K

Start and Finish in the Track parking lot. Parking at Track parking lot.

**Staging/Start, 2 times around the course
for 10K and Finish in TRACK parking lot**



New Mexico State University



NMSU Event Parking

Free Parking Evenings & Weekends

For those visitors who want to enjoy the NMSU campus in the evenings (after 4:30 p.m.) and on weekends (Saturday & Sunday), **no parking permit is required**. You may park in any regular faculty/staff, commuter student, or visitor parking space.

Metered spaces are also free after 4:30 p.m. and on weekends.

Parking in the "Campus Resident" parking lots is restricted to permit holders 24 hours a day. Also, those parking spaces that are specially signed (e.g., "Service Vehicle" and "Postal Patron") are restricted 24 hours a day.

Free 1-Day & 1-Week E-Permits

For the occasional daytime visitor during the week, there are two options. The E-Permit is a free single-day permit that can be obtained over the Internet without any need to enter the Parking Department. Up to 5 E-Permits can be obtained each year. For those on campus more than just a few days each year, the free weekly visitor permit is a favorite. It allows parking in most spaces on campus.

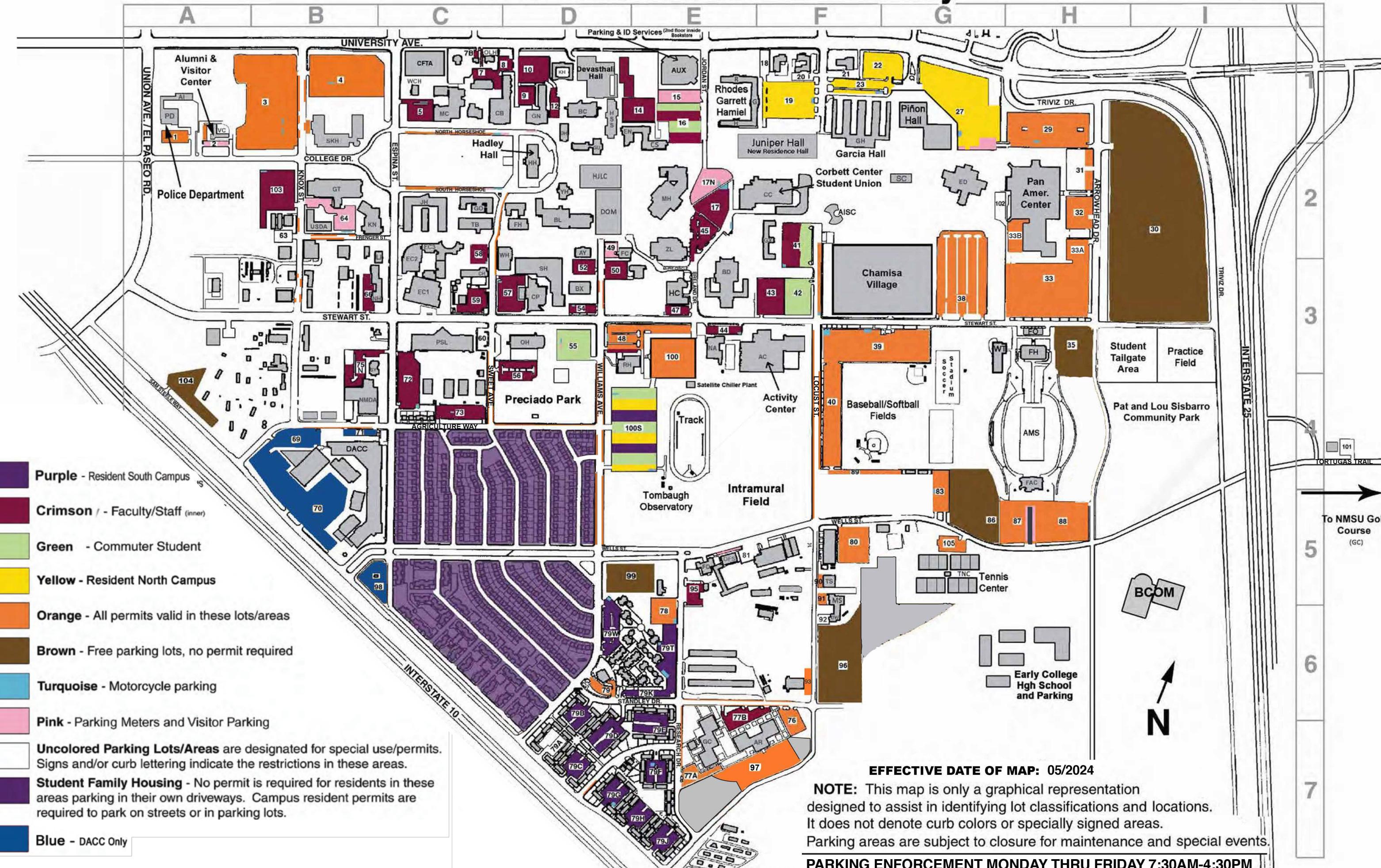
Free Lots & Metered Parking

Visitors who are only going to be on campus for a short time and are not interested in obtaining a visitor permit can park in either a "Free" lot or at a parking meter. Meter rates are \$1.00 per hour, with meters operational from 7:30 a.m. – 4:30 p.m., Monday-Friday. Meters are currently located in the center of campus at the Jordan St. entrance of [Corbett Center Student Union](#), the west curb of lot 45 next to [Zuhl Library](#), lot 44 in front of the [Aquatic Center](#), in lot 49 off of Williams Ave. next to Frenger Food Court, at the east end of the [North Horseshoe](#) and [South Horseshoe](#), and in the parking lot between [Gerald Thomas Hall](#) and [Knox Hall](#).

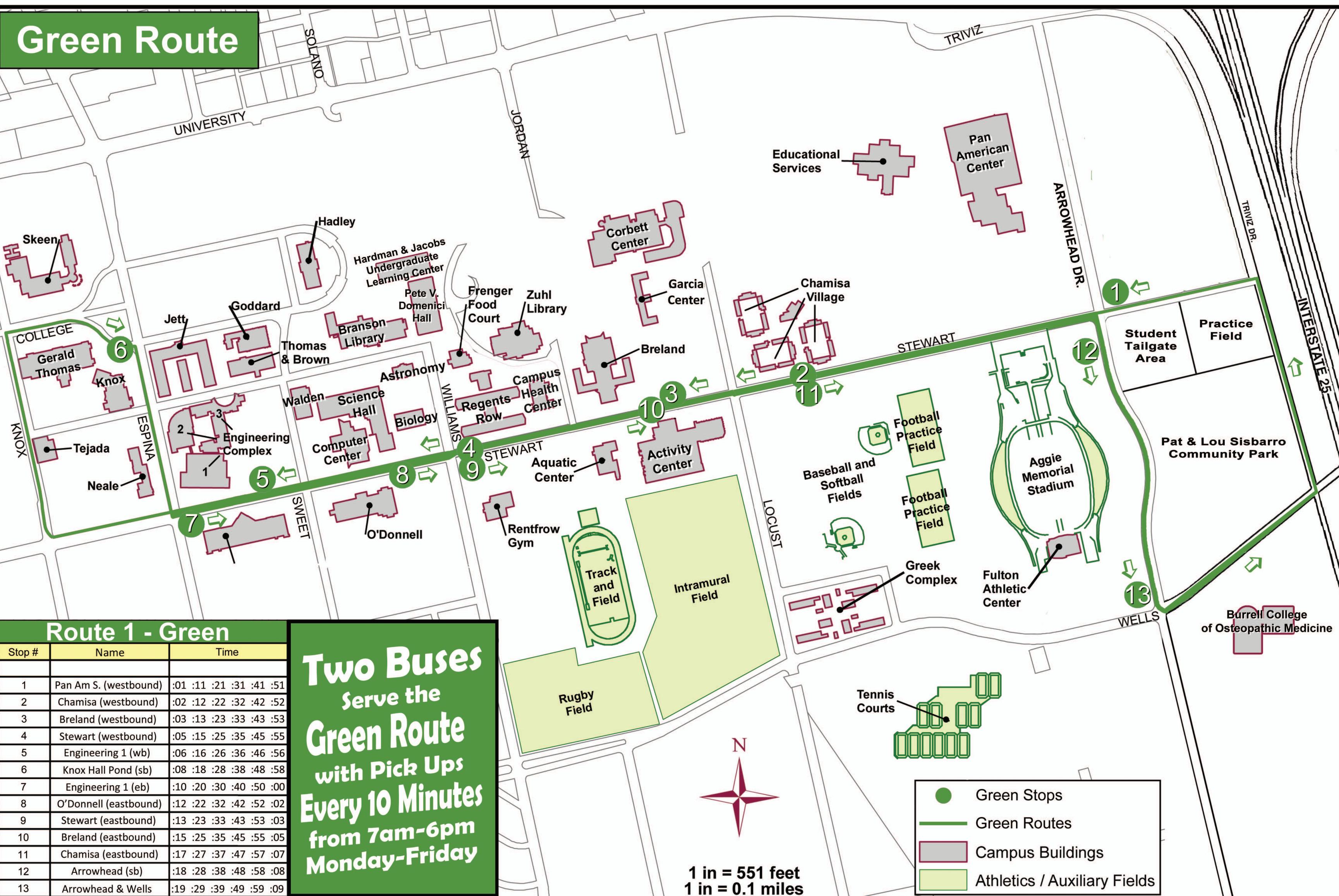
The "Free" lots can be located on the [campus parking map](#) (identified in brown).

Other Venues: Free Parking at the location of your Event!

New Mexico State University

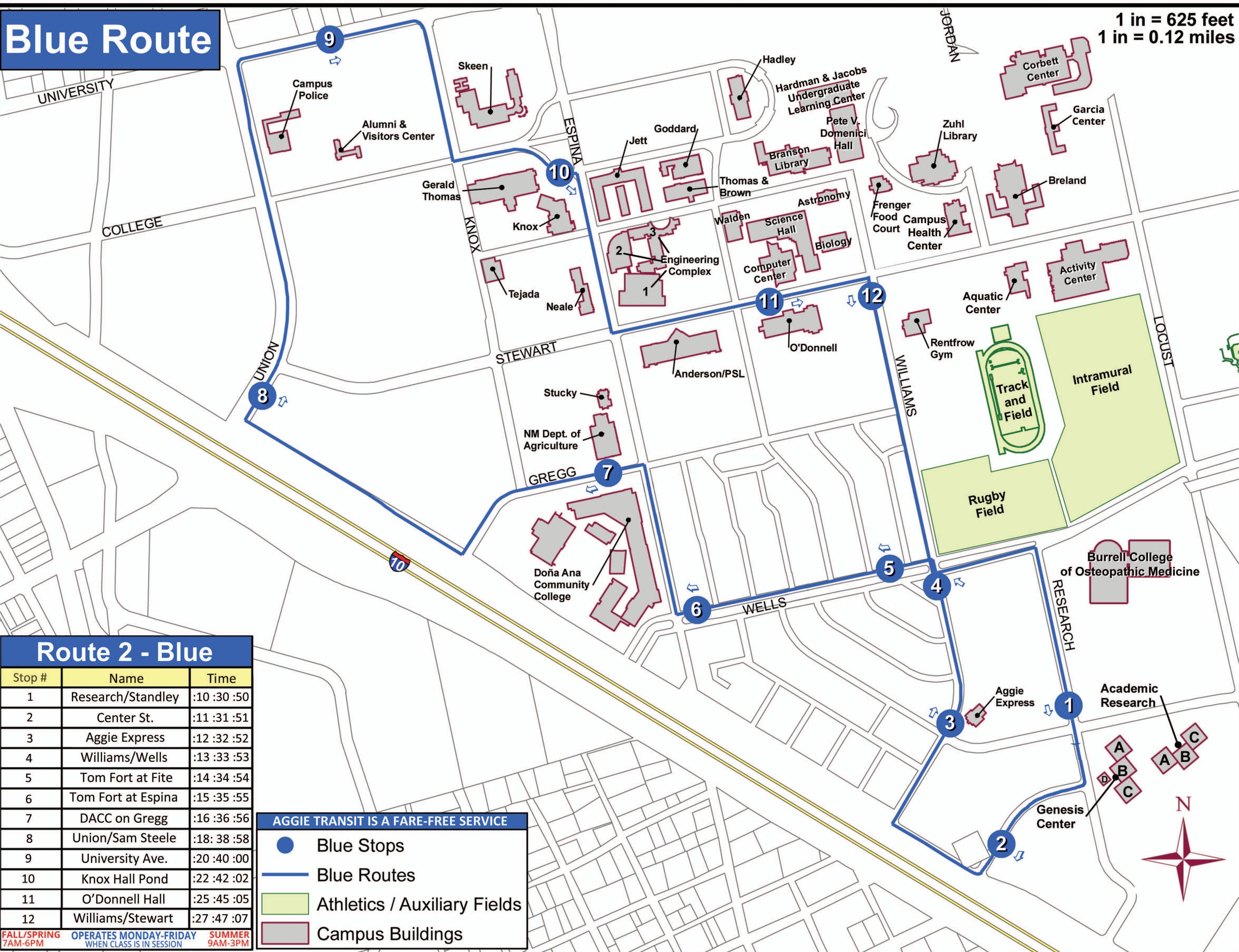


Green Route



Blue Route

1 in = 625 feet
1 in = 0.12 miles





2025 NEW MEXICO SENIOR OLYMPICS STATE SUMMER GAMES



RECRUITING VOLUNTEERS

for a fourth consecutive State Summer Games to be held in LAS CRUCES, NM. Sport venues are located at the Convention Center, NMSU, Field of Dreams, and other locations in Las Cruces. Volunteers signing up for a four-hour shift will receive a T-shirt and be entered into a drawing for a \$100 gift card. AmeriCorps Seniors-RSVP will receive credit for volunteer hours worked. Large GROUPS of 20+ can register your group by calling 575-642-6048 or by email to cacosta@nmseniorolympics.org.

Volunteers will be required to attend an in-person/online general Game orientation (1 hour maximum)

Sign up to volunteer on our website at www.nmseniorolympics.org

Game Dates June 18-22, 2025

Sport Coordinators will confirm all volunteers' specific assignments and provide training in advance.

Certain sports require specific skills.

Pre-Game HQ	Game HQ	Souvenir Sales	Athlete Check-In	Fruit/Water	Result Posting
June 13-16 Fri-Mon	June 16-21 M - Sat	June 18-21 Wed-Sat	June 17-21 Tue - Sat	June 18-22 Wed-Sun	June 18 – 21 Wed-Sat
Convention Cntr.	Convention Cntr.	Convention Cntr.	Convention Cntr.		Convention Cntr.
Basketball Skills	Cornhole	Cycling	Frisbee Distance	Huachas (washers)	Pickleball
June 18 Wed	June 18-19 Wed-Thurs	June 21-22 Sat & Sun	June 19 Thurs	June 20 Fri	June 19-20 Thurs-Fri
NMSU Activity Cntr	Conv. Cntr-East BR		NMSU Lower Field	Conv. Cntr-East BR	NMSU Activity Cntr
Power Walk/ Race Walk	Shuffleboard	Soccer Accuracy	Softball Distance	Table Tennis	Track
June 19-20 Thurs-Fri	June 20-21 Fri-Sat	June 18 Wed	June 18 Wed	June 20 Fri	June 20-21 Fri-Sat
Sisbarro Park	Conv. Cntr-Exhibit BR	NMSU Pitch Field	NMSU Lower Field	Mesilla Valley	Field of Dreams



VOLUNTEER QUESTIONS ?

505-392-6305

OR EMAIL

volunteer@nmseniorolympics.org or nmso@nmseniorolympics.org





VOLUNTEERS

Contact: Miguel Acosta

575-642-0744 or 575-550-0660

HUB Location: Convention Center, Room 6

Hours: 8:00 AM – 5:00 PM

Tuesday, June 17th – Sunday, June 22nd

NEW MEXICO SENIOR OLYMPICS

2025 Important Numbers

Director	Cecelia Acosta	(575) 642-6048
Events Coordinator	Terry Delgado	(575) 910-2284

First Aid/Medical & Fire **911**

Game Headquarters	Stephanie Gallegos	(505) 392-6305
Registration	Stephanie Gallegos	(575) 623-5777
Resolution Desk	Julio Acosta	(505) 417-1947
Souvenirs		
Fruit and Water	Vicky Gonzales	(575) 910-6392

Other Numbers

<i>Field of Dreams</i>	(575) 527-5800
Zia Middle School	(575) 527-9475
NMSU	(575) 646-0111
The Game Billiards	(575) 649-6990
Las Cruces Convention Center	(575) 526-0100
Mesilla Valley Christian School	(575) 525-8515
One More Rep Gym	(575) 647-4428



EMERGENCY/FIRST AID

During Senior Olympics 2025

ON Site Help

To request emergency personnel to your sport venue, call 911 from a nearby telephone and give them your location or call game headquarters 505-392-6305 to request help.

From a Cell Phone

Dial **911** and tell them you are at the **NMSU Activity Center, Zia Middle School, NMSU Upper Intramural Field , NMSU Aquatic Center Indoor, NMSU Activity Center, The Game Billiards, NMSU Club Soccer Pitch Field, Las Cruces Convention Center (Ballroom 1 or 2), NMSU Lower Intramural Field, NMSU Tennis Courts, Field Of Dreams, Mesilla Valley Christian, NMSU Golf Course, One More Rep Gym or NMSU Sisbarro Park** and state your exact location- the building you need the response team to go to. (See above)

FIRE DEPARTMENT & EMT

Located at (NMSU) – Stop by Campus Fire Department located south of intramural field. **Minor first aid services only.**



Las Cruces – Area Attractions

The Basilica of San Albino

2070 Calle de Santiago, University Park, NM
88046

NMSU Chili Pepper Institute

113 W University Ave, Las Cruces, NM 88005

The Farmers & Crafts Markets

(Every Wednesday & Saturday)

221 N Main St, Las Cruces, NM 88001-1274

Branigan Cultural Center

500 N Water St, Las Cruces, NM 88001

Museum of Nature & Science

411 N Main St, Las Cruces, NM 88001

The Railroad Museum

351 N Mesilla St, Las Cruces, NM 88005

The Fort Selden Historic Site

1280 Fort Selden Rd, Radium Springs, NM 88054

The University Art Museum At Devasthali Hall

1308 E. University Ave., Las Cruces, New
Mexico, 88003

Las Cruces Museum of Art

491 N Main St, Las Cruces, NM 88001

The Hood

3206 Harrelson St, Las Cruces, NM 88005-7726

Las Cruces Veteran's Memorial Park

1251 N Roadrunner Pkwy, Las Cruces, NM 88011

Sunrise Terrace Disk Golf Course

1856 Sumner Ave, Las Cruces, NM 88001

The Recycled Roadrunner

282291 -866343 32 Al-106, Las Cruces, Nm 88005

White Sands Missile Range Museum

Building 200, Headquarters Avenue, 88002

Spaceport America

4605 Research Park Circle, Las Cruces, NM 88001

Space Murals Museum

12450 E US Highway 70, Las Cruces, NM 88011

Tombaugh Observatory

1320 Frenger St, Las Cruces, NM 88003

Sunport Scenic Byway National Solar Observa.

3001 Visitor Center Rd Dr, Sunspot, NM 88349-
9700

Dripping Springs Natural Area

Dripping Springs Road, 15000 Dripping Springs
Rd, Las Cruces, NM 88005-3370

The Spa Downtown

440 N Main St, Las Cruces, NM 88001

Mesilla Valley Mall

700 S Telshor Blvd, Las Cruces, NM 88011

Picacho Hills Country Club

6861 Via Campestre, Las Cruces, NM 88007

Red Hawk Golf Club

7502 Red Hawk Golf Rd, Las Cruces, NM 88012

Organ Mountain Deserts Peak National

Monument

571 Walton Blvd, Las Cruces, NM 88001

Mesilla Valley Wine & Brew Tours

Turner Ave, Las Cruces, NM 88005-1330

NEW MEXICO SENIOR OLYMPICS

Las Cruces Restaurants

Si Señor Restaurant

(Mexican)

1551 E Amador Ave, Las Cruces, NM
88001

Spotted Dog Brewery

(American pub)

2920 De Mesilla, Mesilla, NM 88005

A Bite of Belgium

(Brunch Belgium)

741 N Alameda Blvd Ste 16, Las Cruces,
NM 88005

Chachi's Restaurant

(Mexican)

2460 S Locust St, Las Cruces, NM 88001

Double Eagle Restaurant

(Steak Fine Dining)

2355 Calle de Guadalupe On The Historic
Plz, Mesilla, NM 88046

La Posta De Mesilla

(Mexican)

2410 Calle De San Albino, Las Cruces, NM
88005

The Shed

(Brunch)

810 S Valley Dr, Las Cruces, NM, NM
88005

Olive Garden

(Italian)

100 N Telshor Blvd, Las Cruces, NM 88011

Sushi Freak

(Sushi)

2808 N Telshor Blvd, Las Cruces, NM
88011

Outback Steakhouse

(Steak)

940 North Telshore Boulevard, Las Cruces,
NM 88011

Matteo's Mexican Food

(Mexican)

138 S Main St, Las Cruces, NM 88001-1266

Sakura Steakhouse

(Japanese)

3961 E Lohman Ave Ste 1, Las Cruces, NM
88011

Wok N World

(Chinese)

519 E Boutz Rd, Las Cruces, NM 88001

Taste of India

(Indian)

887 N Main St, Las Cruces, NM 88001

Cajun Crab

(Seafood)

2645 Missouri Ave Ste 7, Las Cruces, NM
88011

Santorini

(Mediterranean)

1001 E University Ave Ste E3, Las Cruces,
NM 88001

La Rendez-Vous Cafe

(French Cafe)

2701 W Picacho Ave Ste 1, Las Cruces, NM
88007

Red Lobster

(Seafood)

575 S Telshor Blvd, Las Cruces, NM 88011

Wecks

(Breakfast)

1745 E University Ave, Las Cruces, NM
88001

Simply Fresh

(Healthy Alternatives)

125 S Campo St, Las Cruces, NM 88001

GAME HOTELS

Hotel properties are within range of most event facilities.

Courtyard by Marriott

456 E. University, Las Cruces, NM 88011
575-526-1722 option 2 \$144 plus tax/fees
Ask for the NM Senior Olympics rate
Online - <http://www.marriott.com/LRUCY>
Deadline June 3rd (discount rate not available after this date)



Fairfield Inn by Marriott

2101 Summit Ct., Las Cruces, NM 88011
575-522-6840
Single King Room \$119 plus tax/fees
Double Queen Room \$114 plus tax/fees
Deadline May 28th (discount rate not available after this date)

Holiday Inn Express & Suites North

2142 Telshor Court, Las Cruces, NM 88011
575-522-0700 \$123 plus tax/fees
Ask for the NM Senior Olympics rate
Online:
<https://www.hiexpress.com/redirect?path=rates&brandCode=EX&localeCode=en®ionCode=1&hotelCode=lrues&checkInDate=18&checkInMonthYear=052025&checkOutDate=22&checkOutMonthYear=052025&PMID=99801505&GPC=oLy&cn=no&viewfullsite=true>
Deadline May 28th (discount rate not available after this date)

TownePlace Suites by Marriott

2143 Telshor Court, Las Cruces, NM 88011
575-532-6500
Studio Single Queen \$139 plus tax/fees
Studio Double Queen \$139 plus tax/fees
Deadline May 28th (discount rate not available after this date)

Campus Housing and Meal Plan

NMSO has arranged for a Housing and Meal Plan for athletes that wish to stay on Campus during Game week, June 17-21, 2025. The Campus lodging/meal plan will include dormitory housing in Pinon Hall for 2-4 nights and Cafeteria at Taos Dining Hall. **Bed linens are not provided.** For a Housing/Meal Reservation Form please contact NMSO for all details. Dormitory occupants/guests will require a valid campus parking permit for your stay. Housing/Meal cancellations will incur a one-night, no show fee. The deadline to request a housing/meal plan option will be May 15, 2025, and must be paid in advance to NMSO. Dormitory check-in arrivals are self-guided, and athletes will be responsible for picking up dorm key from NMSO prior to checking into the dorm.

Package plan goers are provided with one ID card at check-in that will serve as both your room key for dormitory access and your meal card. Lost ID cards will be assessed a replacement fee. The housing check-in will be located at Las Cruces Convention Center at Athlete Check-in for all advanced reservations.

- ❖ **Housing Rates:** 2-Nights/6 meals w.ID Card and Parking-\$150.00
3-Nights/9 meals w.ID Card and Parking-\$210.00

SENIOR OLYMPICS NEW MEXICO



TEAM TOURNAMENTS

\$300 Registration Fee + \$5 administrative fee if applicable.

Great Officiating • First Aid Station • Fruit and Water for Athletes
Athletic Trainer Onsite • Concession • Online Registration



SOFTBALL TOURNAMENT

Men • Women

September 13 and 14, 2025

Hardy Park Fields
Las Cruces, NM



BASKETBALL TOURNAMENT

Men • Women

November 15 and 16, 2025

Genoveva Chavez Community
Center, Santa Fe, NM



VOLLEYBALL TOURNAMENT

Men • Women • Co-Ed

November 22 and 23, 2025

ARVC
Albuquerque, NM

CONTACT INFORMATION

PO Box 2690 • Roswell, NM 88202-2690 • Phone: (575) 623-5777 • Toll Free: 1-888-623-NMSO (6676)
Fax: (575) 622-9244 • E-mail: nmso@nmseniorolympics.org • Website: www.nmseniorolympics.org





NEW MEXICO SENIOR OLYMPICS

OPENING CEREMONY & ATHLETE SOCIAL

APPETIZERS • REFRESHMENTS • MUSIC • DOOR PRIZES

Las Cruces Convention Center
680 E. University Ave.

Wednesday, June 18, 2025
6:00pm-8:00pm

FREE TO ATHLETES
MUST RSVP

RSVP

888-623-6676 • nmso@nmseniorolympics.org



HEALTH FAIR

NEW MEXICO SENIOR OLYMPICS STATE SUMMER GAMES

THURSDAY, JUNE 19, 2025

FREE!!!

FREE!!!

LAS CRUCES CONVENTION CENTER

(Same area as Athlete Check-in)

680 E. University Ave.
Las Cruces, NM 88001

Exhibitors To include:

- City of Las Cruces
- Non-Metro AAA Department
- New Mexico Aging Services
- UnitedHealthcare
- MountainView Regional
- DOH Health Promotion
- New Mexico Grown Program
- New Mexico Senior Olympics



COME JOIN US!

FREE Health Screening,
FREE giveaways, Door Prizes!

Contact:
NMSO (575)623-5777 or email:
nmso@nmseniorolympics.org
to inquire



PRESBYTERIAN

BlueCross BlueShield
of New Mexico
A Division of Health Care Service Corporation,
a Mutual Legal Reserve Company,
an Independent Licensee of the
Blue Cross and Blue Shield Association

EAT FOR THE LAND NOURISHMENT FOR THE PEOPLE
NEW MEXICO GROWN

NEW MEXICO AGING SERVICES



Visit LAS CRUCES

NATIONAL SENIOR GAMES
Humania
25 YEARS



Wheelchairs

Available for Convention Center only.
Go To Game Headquarters for more
information.

Must Provide Current Picture ID

