

New Mexico Senior Olympics

Bowling Rules

Revised 2-2024

Playing Format

1. All Bowling Events will be conducted in accordance with US Bowling Congress and National Senior Games rules except as noted below. For a complete copy of these rules please write or call:

United States Bowling Congress
621 Six Flags Drive
Arlington, TX 76011
(800) 514-2695
www.bowl.com

National Senior Games Association
P.O. Box 5630
Clearwater, FL 33758
(727) 475-1187
www.nsga.com

2. This is a singles, doubles, mixed doubles and team tournament open to men and women. Doubles will consist of two bowlers of the same gender. Mixed Doubles will consist of one male and one female. Teams will consist of either 4 men or 4 women. Teams may register a fifth and sixth member to serve as substitute if needed for the four regular members. The substitutes must be listed and registered on the Team Roster.
3. For all Partner changes, see Partner/Team/Groups in Item H in General Rules
4. Non-Ambulatory athletes must be seated in their wheelchair or scooter for the entire duration of competition. Athlete's feet cannot touch the floor during competition. Non-Ambulatory athletes must physically roll the ball or with the use of a ramp, as long as no one else or the chair itself helps project the ball down the lane. The athlete must be the one who impacts the energy needed for the ball to move down the lane.
5. An athlete may compete with only one partner per event.
6. The tournament will be scratch.
7. Competitors are encouraged to provide their own bowling balls and shoes. House balls and shoes may be available at the competitor's expense.
8. There will be a lane fee charged for bowling per event. Each team will be assessed a lane fee per person (Maximum of 4). Lane fee to be paid with entry form.
9. For clarification, athletes are not required to present either an ABC or WIBC card to compete at Annual Summer Games.

Playing Rules

1. Bowlers with highest set total score in each division and each class will be declared winners.
2. Doubles/Team age division will be determined by the age of the youngest doubles partner or team member.
3. The age categories for team bowling for men and women are 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, and 90+.
4. For singles and doubles, age will be in 5-year increments (i.e., 50-54, 55-59, etc.).
5. Bowlers may play in singles, doubles, mixed doubles and/or team events.