

New Mexico Senior Olympics

Basketball Skills 3 Point Shot Rules

Revised 12-2023

Playing Format

1. Basketball Skills 3-Point Shot will be conducted in accordance with rules developed by New Mexico Senior Olympics Board of Directors.
2. Men's and Women's competitions will be held separately and in 5-year age division.
3. An official men's basketball will be used for men. An official women's basketball will be used for women. The rim will be 10' high. All contestants must use the basketballs that are provided by NMSO Games Management.
4. There will be a court monitor/volunteer at each basket.

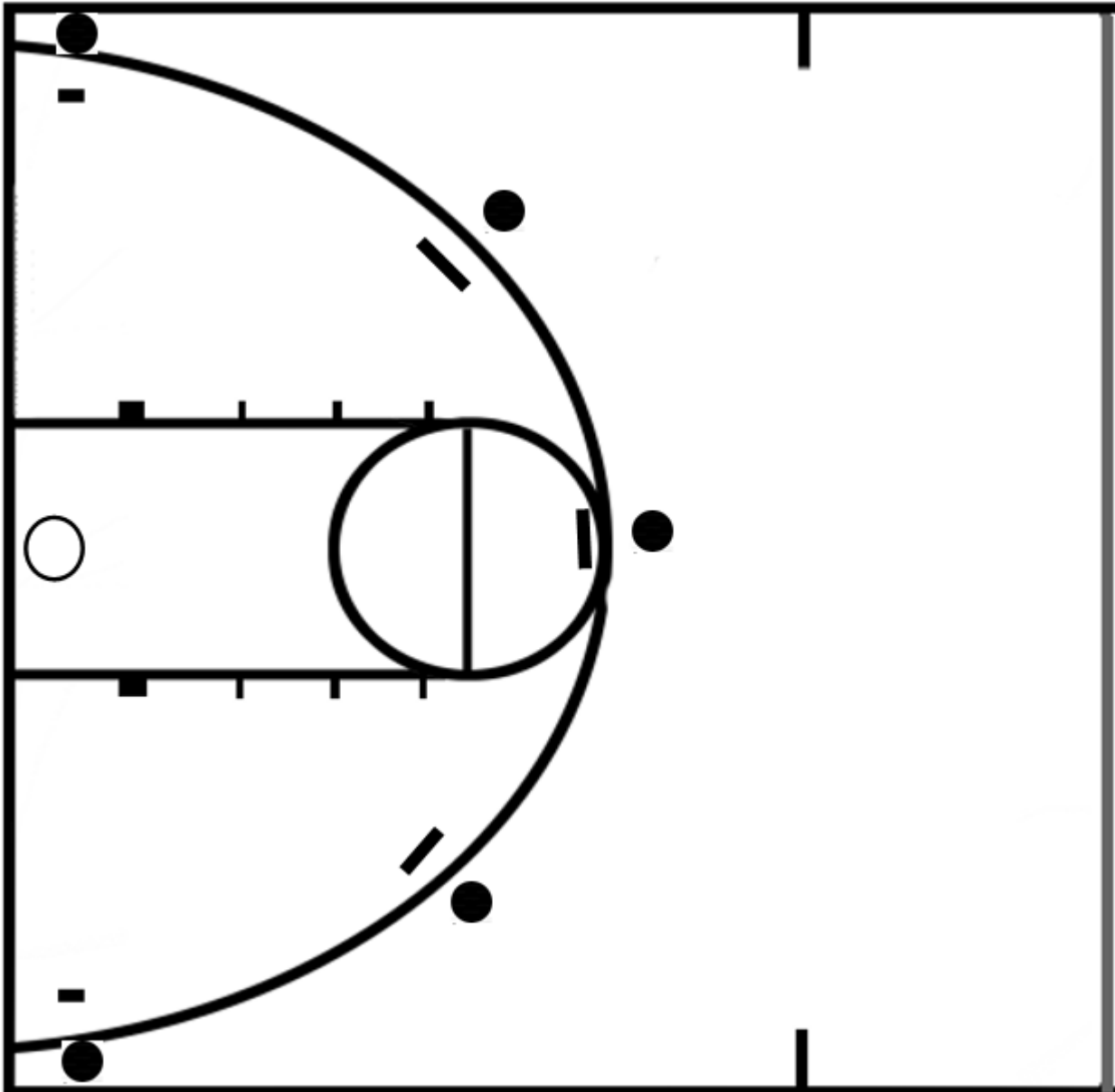
Playing Rules

1. Each contestant will be allowed two practice shots prior to their recorded throws.
2. Each contestant will shoot a total of six (6) shots, one shot from each of the five marked locations around the three-point arc. (right and left baselines, right and left wings, and top of key). Shooter will take all shots in succession. All participants will start on the 3-point line beginning in the left baseline area and work their way around the arc. The sixth shot may be taken from any one of the 5 marked positions at the shooter's discretion.
3. Participants will earn 1 point for each basket made. A total of 6 points is possible.
4. No 3-point line distance modifications will be given for any age group. All participants must shoot from a distance of (19' 9").
5. The contestant who makes the most baskets will be declared the winner.
6. The ball must be released from the shooter's hand while his/her feet are completely behind, and not touching the 3-point line at the time of the shot. However, a made basket will be allowed if the shooter's momentum takes him/her across the line after the ball is released. If, on any shot, the shooter's feet touch or cross the line before the ball is released, the shooter will be charged with a missed shot.
7. All tiebreakers will be addressed at the conclusion of each age division. Any contestant who is tied and fails to show up for the tie-breaker will concede and accept the next lower placement.
8. During a tie breaker, men and women in age divisions 80+ will move 5 feet closer to the target.
9. Each contestant in the tiebreaker will get one shot in turn from the top of the 3-point line until a basket is made by one contestant and not the other(s).
10. The rules will be the same for women as for men except that the women will shoot from the five marked positions that are 2 feet closer to the basket.
11. See diagram on next page with pre-marked shooting positions indicated.

Basketball 3 Point Shot Diagram

Revised 11-2014

- = Men's Shooting Spots
- = Women's Shooting Spots



Basketball Skills 3 Point Shot

SCORE SHEET

DATE: _____

Name	_____	Gender	_____	Age Group	_____	
	<input type="checkbox"/>			Score	_____	
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	1	2	3	4	5	6

Tiebreaker: _____
(one shot until basket made by one and not the other)

Name	_____	Gender	_____	Age Group	_____	
	<input type="checkbox"/>			Score	_____	
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	1	2	3	4	5	6

Tiebreaker: _____
(one shot until basket made by one and not the other)

Name	_____	Gender	_____	Age Group	_____	
	<input type="checkbox"/>			Score	_____	
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	<input type="checkbox"/>					
	1	2	3	4	5	6

Tiebreaker: _____
(one shot until basket made by one and not the other)