

New Mexico Senior Olympics

Volleyball Rules

Revised 10-2023

Playing Format

1. All matches will be conducted in accordance with the USA Volleyball rules and National Senior Games Association except as modified herein. For a copy of these rules, please write or call:

USA Volleyball

4065 Sinton Road

Colorado Springs, CO 80910

(719) 228-6800

www.usavolleyball.org

National Senior Games Association

P. O. Box 5630

Clearwater, FL 33758

(727) 475-1187

www.nsga.com

Team Players/Coach eligible for team rosters for Nationals - All team player(s)/coach must be registered and have checked in at a qualifying team sport in order to be eligible for addition to a National roster. Documentation of player/coach registration must be provided by the State Coordinator to Nationals.

2. Athletes may compete with only one team per sport, i.e. a man may play with a 55+ men's team and may also play with a 60+ co-ed team, assuming that he is 63 and the youngest player on the men's team is 56 and he is the youngest player on the co-ed team.
3. Team roster shall be limited to 15 persons, including non-playing coaches, non-playing captains and non-playing bench personnel. Teams are no longer limited to the number of out-of-state players on their rosters. Teams in the 70+, 75+ and 80+ age divisions may have five out-of-state residents. It is the captain's responsibility to declare team residency at the time of registration.
4. Age divisions for all team competition will be determined by the age of the youngest team member as of December 31 of the competition year.
5. Tournament format will be determined based on the number of registered teams.
6. If bracket format is used, the best 2 out of 3 games to 25 points for the first two games. The third game will be to 15 points. A team must win by two points. There is no cap in points and no time limit in bracket.
7. Teams that forfeit ALL pool play rounds shall not be permitted to advance to bracket play, NO EXCEPTIONS.
8. Any game missed/forfeited during bracket play will be considered a loss.
9. **Registered athletes MUST PLAY IN POOL PLAY to be eligible to play in BRACKET PLAY. All registered athletes must be listed on a roster, check in and sign in on-site prior to the team's first scheduled POOL PLAY Game.**
10. For court dimensions and net height, go to www.usavolleyball.org and click on rules.
11. House Rules will be very specific and will be given to team captains in the captain's packet. House rules may vary from tournament to tournament but some basic rules for each tournament are listed below:
 - a) There will a mandatory Captain's meeting before the tournament begins. If a captain is unable to attend, he/she should send a representative.
 - b) All athletes must check in and sign in with Photo ID prior to participating **in the teams' first POOL PLAY game.**
No Exceptions.
 - c) Credentials must be worn during all play throughout the tournament. Players not wearing credentials will not be allowed to participate.
 - d) Registered athletes do not have to play in pool play to participate in bracket play but must be listed on a roster, check in and sign in on-site.
 - e) Line-up cards must be presented to scorekeeper 10 minutes prior to each game. NMSO will provide line-up cards to all team Captains.

Volleyball Rules (cont.)

- f) All Team Tournaments will adhere to the New Mexico Senior Olympics, Inc. rulebook. This will include but is not limited to Code of Conduct, Protest, Appeal Process and scheduling procedures.
 - g) All game inquiries must be addressed by the Captain and presented to the Sport Coordinator prior to start of games.
12. A team must have at least five players present to start a game; otherwise, the game is forfeited. Game time is FORFEIT TIME. In the event of injury, a team may continue/finish with a minimum of four players on the floor.
 13. Teams competing with only five players shall always have three players on the front row. No service rotation penalty shall be assessed for not having six players.
 14. **Uniform:** Team clothing must be of like design and color. The player's jerseys must be numbered in a permanent manner from 1 to 99 using Arabic numerals. Duplicate numbers are not allowed. The numbers must be placed on the jersey at the center of the front and of the back. Minimum 4 inches on the chest and minimum 6 inches on the back. Sponsors may be added to the jersey but cannot interfere with number placement. Uniforms shall be free of inappropriate symbols or wording. **Player(s) will not be allowed to play until the uniform is corrected.**
 15. **Jewelry is allowed to be worn at the player's risk.**
 16. To win the match, a team must win two out of three games.
 17. In pool play, USA Volleyball rules governing tiebreakers will be used.
 18. Rally Scoring will be utilized.
 19. Two Liberos are permitted and may be changed from set to set and not have to be designated for their match.

CO-ED RULES

Regular Co-Ed Play will be utilized.

1. Co-Ed will be OPEN AGE CATEGORY, 50+. Teams cannot be formed on-site. Medals will be awarded based on number teams registered.
2. Of the six players on the team, three must be men and three must be women. If a game must be started with five players, three of them must be women.
3. If a Co-ed team has only 5 players and 3 players are men, teams will be allowed to start a game and play with 2 men and 2 women on a team.
4. To win the match, a team must win two out of three games.
5. **Uniform:** Team clothing must be of like design and color. The player's jerseys must be numbered in a permanent manner from 1 to 99 using Arabic numerals. Duplicate numbers are not allowed. The numbers must be placed on the jersey at the center of the front and of the back. Minimum 4 inches on the chest and minimum 6 inches on the back. Sponsors may be added to the jersey but cannot interfere with number placement. Uniforms shall be free of inappropriate symbols or wording. **Player(s) will not be allowed to play until the uniform is corrected.**