



NEW MEXICO Senior OLYMPICS

15
SPORTS

STATE GAMES-
NORTH

JANUARY 13-16, 2025

REGISTRATION BOOKLET

P.O. BOX 2690 * ROSWELL, NM 88202-2690 * 1-888-623-NMSO (6676) * FAX: (575) 622-9244
E-MAIL: NMSO@NMSENIOROLYMPICS.ORG * WWW.NMSENIOROLYMPICS.ORG

15 SENIOR OLYMPIC SPORTS OFFERED

Air Gun * Basketball Skills Free Throw and 3-Point * Billiards * Bowling
Cornhole * Frisbee Accuracy * Huachas (washers) * Ice Hockey * Pickleball
Powerlifting * Shuffleboard * Soccer Kick * Swimming * Table Tennis * Tai Chi

THIS IS NOT A QUALIFYING YEAR FOR NATIONALS



**JAN
13-15**

ATHLETE CHECK-IN

Santa Fe Convention Center
201 W. Marcy St.

- Monday, January 13 - 8:00am-7:00pm
- Tuesday, January 14 - 7:00am-5:00pm
- Wednesday, January 15 - 7:00am-5:00pm

ATHLETE RECEPTION

Appetizers
Refreshments
Music

Downtown Santa Fe

FREE TO ATHLETES - MUST RSVP

Tuesday, January 14 - 6:00pm-8:00pm

\$25 Fee for Guest

Deadline to RSVP is January 3, 2025

**JAN
14**

**JAN
15**

HEALTH FAIR

Santa Fe Convention Center

201 W. Marcy St.

9:00am - 3:00pm

Exhibitors

Free
Giveaways!

SPORT TABLES

All Athletes are encouraged to check the sport tables prior to competition at Athlete Check-In at the Convention Center

More Info at: www.nmseniorolympics.org



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MISSION

New Mexico Senior Olympics, Inc., is a 501c3 organization that is dedicated to promoting healthy lifestyles for all seniors age 50 years and older through education, fitness and sporting events. Through Senior Olympic programs, NMSO assists local games in achieving greater value and quality in the lives of older senior adults.

GOALS

- Improve and maintain health and wellness of senior adults 50+.
- Focus attention on the importance of regular exercise and constructive activity.
- Celebrate the vitality of life through example and create an awareness of opportunities that promote a healthy lifestyle.
- Provide competitive athletic and recreational experience at Local, State, and National levels.



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New Mexico Senior Olympics Board of Directors



- ❖ Chair – Dick Griffith, Grants, NM
- ❖ Vice Chair – Kenneth Lindsey, Clovis, NM
- ❖ Treasurer – Joe Quintana, Alamogordo, NM
- ❖ Laurie Dudek, Roswell, NM
- ❖ David Salazar, Albuquerque, NM
- ❖ Pete Salazar, Bernalillo, NM
- ❖ Dorie Sandoval, Grants, NM
- ❖ Dorothy Terrazas, Anthony, NM
- ❖ Ex-Officio – Steve Duran, Roswell, NM



NOMINATION & BOARD APPLICATION PROCESS

The future of NMSO is determined by the quality of our leadership. There is a need for board members who can bring to the organization experience and knowledge in the areas of financial, legal, marketing, public relations, fund raising, and sports management. It is important that interested Board nominees complete an application and return to the State office. The NMSO Board of Directors will review the committee's nominations and vote for each nominee individually by a simple majority vote. All nominees will be notified by phone, and mail, as to the outcome of the Board's decision.

{Board members are solicited based on the overall ongoing needs of the Organization in relationship to the mission and current scope of work.}

➤ **Eligibility requirements:**

- Applicant must be in good standing with the aging, healthcare and their own community
- Must be at least 21 years of age
- Must be a permanent resident of the state of New Mexico

➤ **Application Instructions:**

- Complete and sign the Board of Directors Application Form
- Provide three (3) Letters of recommendation from people who have known you within the past five (5) years.
- Attach a current resume
- Applications will be kept on file for 1 year and these submissions will be considered

If interested, or for more information, e-mail, nmso@nmseniorolympics.org or call (575) 623-5777.



MESSAGE FROM THE DIRECTOR

Calling all Seniors 50+, the State Senior Olympics Board of Directors in collaboration with the N M Aging Services, has expanded the State Games, and the staff is excited. State Games-North will increase awareness for Senior Olympics, provide another annual game opportunity for active adults, and be accessible for athletes from rural communities who are not able to trek to the Southern part of the state to compete during the summer. We are bringing the Games to you! Join us in spreading the word, register before the deadline for an experience that will live forever! State Game allows for competition by five-year age divisions, 50-54; 55-59; 60-64; 65-69 ...95-99. The game registration booklet provides highlights of best practices for Senior Olympics, an entry form, schedule of events for fifteen indoor sports and game details. Just maybe, in the future, we may look to add winter sports, downhill skiing and snowball throwing competitions. The camaraderie experience at the State Games is rich and just everywhere! Register now before December 20th and we will see you at the Games. Visit the NMSO website at www.nmseniorolympics.org for all final game information.

Yours truly,

Cecelia Acosta
Executive Director



LOCAL PLANNING COMMITTEE – STATE GAMES-NORTH

NMSO staff is working with a local organizing committee with our Aging Program Partners, Santa Fe 50+ committee members, the City of Santa Fe, and Santa Fe Recreation and Senior Centers. The committee meets monthly as we plan all areas of the State Games-North, to include – Registration, Volunteers, Events, Media and Promotion, Awards, Medical and First Aid.

Cody Martinez Sports Director Contracted with NMSO	Mary Vanderlinden Member of the LPC and Santa Fe Local Games
Manuel Sanchez City of Santa Fe Senior Division Director	Lynn Mendez City of Santa Fe Senior 50+ Games President
Nohemi Antillon City of Santa Fe Senior Division Activity Coordinator	Cecelia Acosta NMSO Executive Director
Brian Stinett City of Santa Fe Recreation Director	Terry Delgado NMSO Events Coordinator
Lugi Gonzales Senior Division Program and Health Fair Director	Stephanie Gallegos NMSO State Games Registrar

LOCAL GAMES

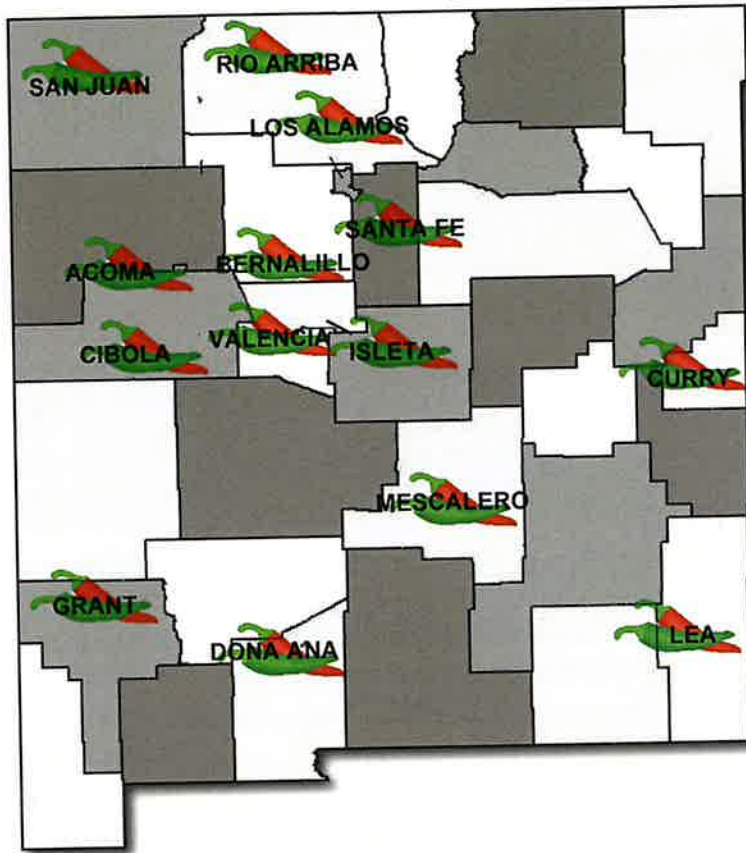
- Encourages seniors 50+ to stay active through sports.
- 5-year age divisions.
- Statewide rules apply to all games
- Provides practice for the Annual State Games.
- Fourteen local games across various



- cities and pueblos.
- Generally held February through May each year.
- Athletes can attend any local games.
- No pre-qualification required.
- All local games are sanctioned by New Mexico Senior Olympics.

LOCAL GAME COORDINATORS

- 1 ACOMA**
Darren Concho
505-918-9165
- 2 ALBUQUERQUE**
Fermin Gallegos
505-880-2800
Game Dates January - May
- 3 CIBOLA**
Sally Zamora
505-285-3922
- 4 CLOVIS/CURRY**
Melinda Coslett
575-799-6485
- 5 DOÑA ANA**
Betty Burgess
575-644-0782
Game Dates March - April
- 6 COPPER COUNTY-SILVER CITY**
Mario Quintana
575-590-2352
Game Dates March - May
- 7 ISLETA**
Cheryldine Valencia
505-869-9770 Ext. 9336
- 8 LEA - City of Hobbs**
Doug McDaniel
575-397-9301
- 9 LOS ALAMOS**
Ted Williams
505-709-0423



- 10 MESCALERO**
Cindy Prelo
575-464-1614
Game Dates March - May
- 11 RIO ARRIBA**
Nicole Alire
505-753-6663
- 12 SAN JUAN/FARMINGTON**
Jack Lowery
505-599-1380
Game Dates March - May
- 13 SANTA FE**
Nohemi Antillon
505-955-4725
Game Dates April - May
- 14 VALENCIA**
Jorge Venegas
505-639-6805
Game Dates April - May



2025 SENIOR OLYMPICS STATE GAMES NORTH – SANTA FE

SCHEDULE AT A GLANCE



SCHEDULE IS SUBJECT TO CHANGE

Check our website for age division detailed schedule

10-25-24

SPORT ★ OPEN TO OUT OF STATE	VENUE	MONDAY JAN 13	TUESDAY JAN 14	WEDNESDAY JAN 15	THURSDAY JAN 16
ATHLETE CHECK-IN	Santa Fe Convention Center Lobby	8 am-7 pm	7 am-5 pm	7 am-5 pm	
ATHLETE RECEPTION FREE TO ATHLETES-RSVP	TBA		6pm		
HEALTH FAIR	Santa Fe Convention Center			9 am – 3 pm	
AIR GUN	Santa Fe Fairgrounds		8 am-3 pm	8 am-3 pm	
★ BASKETBALL SKILLS FREE THROW & 3 POINT	Fort Marcy Rec Center				8 am-12 pm
★ BILLIARDS	The Alley		Practice 1 pm-3 pm	8 am-4 pm	
★ BOWLING Singles, Men’s Dbls, Women’s Dbls	Cities of Gold		Singles	Doubles	IF NEEDED
★ CORNHOLE Singles, Dbls, Mixed Dbls	Santa Fe Convention Center	Doubles	Singles	Mixed Doubles	IF NEEDED
FRISBEE ACCURACY	Fort Marcy Rec Center	1 pm-4 pm			
HUACHAS (Washers)	Santa Fe Convention Center			8 am-4 pm	
ICE HOCKEY TEAM Exhibition	Genoveva Chavez Community Center	9 am			
★ PICKLEBALL Singles, Dbls, Mixed Dbls	Genoveva Chavez Community Center	1 pm-4 pm	8 am-4 pm	8 am-4 pm	8 am-4 pm
POWER LIFTING-Exhibition	Genoveva Chavez Community Center		8 am-3 pm		
★ SHUFFLEBOARD Singles, Doubles	Santa Fe Convention Center	Practice @ 9 am 1 pm-7 pm	Singles	Doubles	8 am-12 pm If needed
SOCCER KICK ACCURACY	Fort Marcy Rec Center	1 pm-4 pm			
★ SWIMMING	Genoveva Chavez Community Center	Practice 1 pm-3 pm	8 am	8 am	
★ TABLE TENNIS Singles, Dbls, Mixed Dbls	Fort Marcy Rec Center		Practice 1 pm-4 pm	8 am-4 pm	
★ TAI CHI-Exhibition	Genoveva Chavez Community Center		8 am-12 pm		








2025 SENIOR OLYMPICS STATE GAMES NORTH – SANTA FE

DETAILED COMPETITION SPORTS SCHEDULE

10/25/24

SPORTS OPEN TO OUT OF STATE

EVENTS	MONDAY JAN 13	TUESDAY JAN 14	WEDNESDAY JAN 15	THURSDAY JAN 16
SCHEDULE IS SUBJECT TO CHANGE				
ATHLETE CHECK IN Santa Fe Convention Center, 201 W. Marcy St.	8:00 am – 7:00 pm	7:00 am – 5:00 pm	7:00 am – 5:00 pm	
ATHLETE RECEPTION FREE TO ATHLETES-RSVP TBA		6 pm		
HEALTH FAIR Santa Fe Convention Center 201 W. Marcy St.			9:00 am – 3:00 pm	
AIR GUN Santa Fe Fairgrounds 3229 Rodeo Road		Pistol Supported 8 am M 50, 55, 60, 65, 95 1 pm W 50, 55, 60, 65, 95 Rifle Supported 8 am W 50, 55, 60, 65, 95 1 pm M 50, 55, 60, 65, 95 Pistol Standing 10 am M 50, 55, 60, 65, 95 3 pm W 50, 55, 60, 65, 95 Rifle Standing 10 am W 50, 55, 60, 65, 95 3 pm M 50, 55, 60, 65, 95	Pistol Supported 8 am M 70, 75, 80, 85, 90 1 pm W 70, 75, 80, 85, 90 Rifle Supported 8 am W 70, 75, 80, 85, 90 1 pm M 70, 75, 80, 85, 90 Pistol Standing 10 am W 70, 75, 80, 85, 90 3 pm M 70, 75, 80, 85, 90 Rifle Standing 10 am W 70, 75, 80, 85, 90 3 pm M 70, 75, 80, 85, 90	
BASKETBALL SKILLS FREE THROW Fort Marcy Rec Center 400 Bishops Lodge Rd.				ALL AGES 8:00 am Men 9:00 am Women
BASKETBALL SKILLS 3 POINT SHOT Fort Marcy Rec Center 400 Bishops Lodge Rd.				ALL AGES 10:00 am Men 11:00 am Women
BILLIARDS 8 BALL The Alley 153 Paseo De Peralta		Practice – 1pm – 3pm	Men ALL AGES 9:00 am Women All Ages 1:00 pm	
BOWLING Strike Gold Lanes at Cities of Gold 10 Cities of Gold Rd. 16 miles north of Santa Fe		Women Singles All Ages 8:00 am Men Singles All Ages Singles 1:00 pm	Doubles - Women 8:00 am Doubles - Men 1:00 pm	
CORNHOLE Santa Fe Convention Center 201 W. Marcy St.	M & W Doubles 1:00 pm 65, 70, 3:00 pm 75, 80, 85, 90+ 5:00 pm 50, 55, 60	M & W Singles 8:00 am 70, 75, 10:00 am 50, 55, 80, 85, 90+ 1:00 pm 60 4:00 pm 65	Mixed Doubles 8:00 am 50, 55, 80, 85, 90+ 10:00 am 60, 65 2:00 pm 70, 75	

EVENTS	MONDAY JAN 13	TUESDAY JAN 14	WEDNESDAY JAN 15	THURSDAY JAN 16
FRISBEE ACCURACY Fort Marcy Rec Center 400 Bishops Lodge Rd.	M & W 1:00 pm 65, 70, 75 2:00 pm 80, 85, 90+ 3:00 pm 50, 55, 60			
HUACHAS (Washers) Santa Fe Convention Center 201 W. Marcy St.			M & W 8:00 am 50, 55, 60 10:00 am 65 1:00 pm 70, 75 2:00 pm 80, 85, 90+	
ICE HOCKEY - EXHIBITION Genoveva Chavez Community Center 3221 Rodeo Rd.	ALL AGES M & W TEAMS 9:00 am to 2:00 pm			
PICKLEBALL  Genoveva Chavez Community Center 3221 Rodeo Rd.	1:00 pm Women's Singles All Age Divisions	8:00 am Men's Doubles 70, 75, 80, 85, 90+ 10:00 am Men's Doubles 50, 55, 60, 65 1:00 pm Mix Dbls 70, 75	8:00 am Mix Dbls 50, 55, 80, 85, 90+ 10:00 am Mix Dbls 60, 65 1:00 pm Women Doubles 70, 75, 80, 85, 90+	8:00 am Women Doubles 50, 55, 60, 65 10:00 am Men's Singles All Age Divisions
POWER LIFTING – EXHIBITION Genoveva Chavez Community Center 3221 Rodeo Rd.		M & W ALL AGES 8:00 am – 3:00 pm		
SHUFFLEBOARD  Santa Fe Convention Center 201 W. Marcy St.	Practice ALL M & W 9:00 am to 11:00 am M & W Singles 1:00 pm 70 3:00 pm 75	M & W Singles 8:00 am 65 10:00 am 55, 80 1:00 pm 60 3:00 pm 50, 85, 90+	Doubles 8:00 am 50, 55, 60 10:00 am 75, 80, 85, 90+ 1:00 pm 70 3:00 pm 65	8:00 am If Needed
SOCCER KICK ACCURACY Fort Marcy Rec Center 400 Bishops Lodge Rd.	M & W 1:00 pm 80, 85, 90+ 2:00 pm 50, 55, 60 3:00 pm 65, 70, 75			
SWIMMING  Genoveva Chavez Community Center 3221 Rodeo Rd.	Practice – 1pm – 3pm	M & W ALL AGES 7:00 am Warm Up 8:00 am Competition 100Y IM 200Y Back 100Y Free 50Y Fly 100Y Breast 50Y Back 200Y Fly 500Y Free	M & W ALL AGES 7:00 am Warm Up 8:00 am Competition 200Y Free 100Y Fly 50Y Breast 200Y IM 100Y Back 200Y Breast 50Y Free 400Y IM	
TABLE TENNIS  Fort Marcy Rec Center 400 Bishops Lodge Rd.		Practice 1-4 pm	M & W ALL AGES 8:00 am Singles 11:00 am Doubles 1:00 pm Mixed Doubles	
TAI CHI - EXHIBITION  Genoveva Chavez Community Center 3221 Rodeo Rd. Community Room		8:00 am Women - ALL AGES 10:00 am Men ALL AGES		

GAME INFORMATION

New Mexico Senior Olympics (NMSO) is excited to expand the State Games for senior athletes and offer State Games-North (SGN) in Santa Fe on January 13-16, 2025, for fifteen sports. SGN will be offered as an annual event. The Annual State Summer Games will take place in June 2025, in Las Cruces, NM, as we have done for forty years.

Athletes must register in advance for State Games-North, and games are open to anyone age 50 and older, by December 31, 2025. State Games-North will follow the same sport playing rules and standard registration practices/procedures that have been adopted by the Board of Directors for the Annual State Summer Games. Athletes are encouraged to attend both Games and increase their competitiveness for a greater performance. NMSO, Game Management reserves the right to cancel any sport on the competition schedule, that does not merit sufficient registrants. Check the NMSO website at www.nmseniorolympics.org for all final game information to include, schedule, sport rules, playing format, and deadlines. Out-of-state participants are welcome to compete in sports offered at NSGA. Deadline to register for State Games-North is December 20, 2024.

SCHEDULING

Check for ongoing Schedule and Game updates on the NMSO website at www.nmseniorolympics.org. Game time is forfeit time. It is the athletes' responsibility to carefully select their events to avoid conflicts for their competition. Play will not be held up. In the event an athlete competes out of scheduled times, athletes' risk being disqualified.

MEDICAL INSURANCE

Medical/Health Insurance is the responsibility of each participant. Every participant should be sure to have proof of insurance in case of an emergency.

ATHLETE CHECK-IN

It is highly recommended athletes check in to pick up game credentials. Athletes will need a photo ID with their date of birth. Athlete Check-In will be at the Santa Fe Convention Center, located at 201 W. Marcy St. Operation hours for check-in are reflective on the competition schedule. Athlete check-in will include sports information tables for each

competition.

An athlete cannot check-in for another athlete. In the event an athlete cannot come by the Convention Center, you may go directly to your competition, knowing you will be required to present a photo ID at the sport venue to check-in.

CHECK-IN AT SPORT VENUE

At each sport venue is a check-in table with an event listing/sign-in of eligible registered competitors. Every athlete must check-in and sign on the line next to their name. This will be confirmation that the athlete is registered in that sport/event. In the event an athlete does not appear on the event listing, the athlete may produce an entry confirmation form or call Game Headquarters for verification of registration for that sport/event.

PARKING

Adequate parking will be allowed at the various venues. The Santa Fe Convention Center does have a parking facility located underneath the Center with reasonable rates. For those choosing to take public transportation, the most convenient bus stop is in the next block south of the SFCC, on Sheridan Street. Many hotels offer complimentary shuttles. A taxi service is also available.

AGE DIVISION

Participants will register according to their age as of December 31, 2025. Age categories are in five-year age divisions, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99 and 100+. Partner events age categories are: 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+. Age categories for doubles and teams will be determined by the youngest player as of December 31, 2025.

EVENT CHANGES

Registration event change(s) are allowed, when an athlete requests to drop or add an event, or to request a partner change. Event and partner changes must be received in writing, or by email by December 20, 2024. A telephone call requesting a change(s) is no longer valid. Athletes are responsible for verifying their request for change(s) are received and processed.

GAME INFORMATION CONTINUED...

PARTNER EVENT(S)

A partner's name must be indicated on the entry form to be processed. In the event a partner is not listed for the event, you will not be entered in that event until partner information is provided. If your partner does not register for the event by the final registration deadline of December 20, 2024, you will be removed from that event and receive a new entry confirmation by email. NMSO is not responsible for finding partners for athletes.

Partner changes can be requested through December 20th. After this date, partner changes can only be made on-site provided the reason for change meets the following criteria.

1. Partner is out due to a medical reason or injury; documentation will be required.
2. Partner did not attend the Games.

Partner can be changed if it does not change the age category, and the new partner is registered for the Games. On-site partner change(s) are to be made thirty minutes prior to game time with the Sport Coordinator at the sport venue and confirmed by Game Headquarters with a phone call.

SPORT COORDINATORS

Sport Coordinators are NMSO's ambassadors/sport enthusiast contracted to run sporting events for New Mexico Senior Olympics and are working as volunteers. Athletes may contact Sport Coordinators after December 20th for any specific tournament format that is not addressed in the athlete registration booklet. Sport Coordinators cannot and will not accommodate individual athlete's schedule onsite and are required to adhere to posted event schedules. In the event an athlete competes out of scheduled times, athletes will risk being disqualified.

DEADLINES/CANCELLATIONS

Registrations are accepted through December 20th at the end of business day, with no late registration's options, due to the short time of planning State Game - North. All registration fees are NON-REFUNDABLE.

PROTEST POLICY

Protests must be submitted in writing to the Sport Coordinator, and Game Headquarters, within 24 hours of the event. Game Management and Arbitrators will review and render a final decision, which cannot be appealed.

SPECTATORS

Spectators are welcome but must avoid interfering with athletes, as this could result in disqualification.

INCLEMENT WEATHER

Games will proceed rain or shine unless deemed unsafe. Contact your Sports Coordinator for updates. No refunds for weather-related cancellations.

AWARDS

Medals for 1st, 2nd, and 3rd place will be awarded per age division and gender. Only athletes competing in their scheduled age group are eligible. Athletes are encouraged to stay for award presentations, or medals may be picked up by the athlete or local coordinator. Unclaimed medals will be available at Game Headquarters through Thursday at 10:00 AM. Afterward, check with your local coordinator. Full rules on awards, tiebreakers, etc., are in the NMSO official rulebook, section R.

GAME RESULTS

Sports Coordinators will provide game results to Headquarters for posting, with results considered preliminary until verified. Results will be posted on the NMSO website and shared with local media. Results are adopted by the NMSO Board at their annual October meeting.

NATIONALS

The NMSO State Games serves as a National Senior Games qualifier in even-numbered years. Nationals will be held July 24-August 4, 2025 in Des Moines, IA, with over 10,000 athletes expected. For more information, visit www.nsga.com.

HOW TO REGISTER STATE GAMES-NORTH

There are three ways to register for the Senior Olympics State Games - North paper form, online, or through group registration.

• PAPER FORM

Fill out the paper registration in ink, sign, keep a copy for your records and mail to NMSO. Payment must be included. NMSO is not responsible for lost mail. Contact the office if you don't receive a confirmation email.

• ONLINE REGISTRATION

Register at www.nmseniorolympics.org or scan the QR code. You will need an email address and credit card.

- ✓ Click the link and enter your personal info. New athletes will have accounts created.
- ✓ Select up to 3 sports.
- ✓ Review your selections before finalizing registration.
- ✓ Pay with a debit/credit card to complete registration.



• PARTNER EVENTS

Both athletes must register separately for your event to be valid. Your partner will receive an email to register. Please note that NMSO does not assist in finding partners for partner events.

• CONFIRMATION

A receipt will be emailed, as will an event confirmation. Keep a printed copy. You can use the confirmation number to update your registration later if needed.

• GROUP REGISTRATIONS

Local game sites have registration booklets. Athletes can get help completing forms or request a group mailing via their local game coordinator. Confirm your entry with NMSO, as local sites are not responsible for lost or misdirected mail.



**GOOD LUCK TO OUR
NEW MEXICO ATHLETES**

**NATIONALS 2025
DES MOINES, IA**

LOOK FORWARD TO:

- NEW MEXICO STATE RECEPTION
- NMSO TRAVEL SCHOLARSHIP

WWW.NMSENIOROLYMPICS.ORG

- UNIFORM-ORDER - CONTACT NMSO



Join us in Des Moines, Iowa!

**2025 NATIONAL
SENIOR GAMES**



July 24-August 4, 2025

Find more event information at:

NSGA.com

SPORT RULES UPDATES

SPORT RULES

For 2025 State Games-North, athletes are not required to qualify at local games to register for State Games-North. For general playing rules and specific sport rules and descriptions visit the New Mexico Senior Olympics website at www.nmseniorolympics.org.

It is the responsibility of each athlete to know playing rules in advance. See rules for exhibition games. Athletes can register for a maximum of three (3) sports with an unlimited number of events in each sport. NMSO may place a cap on the total number of entries for Pickleball and Shuffleboard due to the growing numbers in these Sports. Out-of-state athletes are welcome to register for the 2025 State Games-North in the sports that are offered by National Senior Games.

NMSO Game Management reserves the right to cancel a sport on the Competition Schedule that does not meet the required number of registrants to conduct the sport(s).

EXHIBITON SPORTS

2025 State Games-North will offer 3 Exhibition Sports - Ice Hockey (team sport), Power Lifting and Tai Chi. All 3 Exhibition Sports will be held at the Genoveva Chavez Community Center, see schedule.

WHAT'S NEW IN '24-25

AIR GUN

Equipment - COMPETITORS MUST FURNISH REGULATION AIR GUNS AND ALL PERSONAL EQUIPMENT NEEDED FOR THIS EVENT (EXCLUDING TARGETS). NMSO will not furnish rifles and pistols for competition. Caliber of air guns will be .177" (4.5 mm). Only soft lead pellets will be used. Air Guns must be cased at all times when not being used in competition. Personal air guns must be in the control of the competitor at all times in the event area.

CORNHOLE

Events - Athletes may compete in singles, men's doubles, women's doubles, and mixed doubles. Doubles must be two individuals of the same gender. Mixed Doubles must be one male and one female.

Distance of the Boards - Age 80-84 - 23 feet front edge to front edge
85 Plus/Non-Ambulatory - 21 feet front edge to front edge.



All athletes may register paper form or online at www.nmseniorolympics.org

2025 NEW MEXICO SENIOR OLYMPICS STATE GAMES-NORTH EVENT REGISTRATION

January 13-16, 2025

Registration Deadline: December 20, 2024

LAST NAME _____ FIRST NAME _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

DOB: ____/____/____ GENDER: Male Female

ETHNICITY: CAUCASIAN HISPANIC NATIVE AMERICAN AFRICAN AMERICAN ASIAN

PHONE _____ Alt. Phone if applicable _____

E-MAIL _____

EMERGENCY CONTACT _____ PHONE _____

(Preferably someone NOT attending the State Games)

I am interested in volunteering with the State Games-North.

Event(s) Interested in volunteering with _____

FEE BOX		TOTALS
Registration Fee + First Sport (Includes T-shirt, Health Fair and Athlete Reception) Deadline to register is December 20, 2024 RSVP to Athlete Reception – Jan. 14th <input type="checkbox"/> YES <input type="checkbox"/> NO	\$30 to include 1 st sport	\$ 30.00
2 nd – 3 rd Sport - additional \$10 each per sport Limited to (3) Sports Only	\$10 per sport X _____	\$ _____
HOCKEY Team Fee (Request roster form) Each player will pay the \$5 admin fee	\$100 Team Fee	\$ _____
Administrative Fee per Athlete	\$5.00	\$ 5.00
Ticket to Athlete Reception for my guest (LIMIT 1 guest per athlete)	\$25.00	\$ _____
Donation to New Mexico Senior Olympics, Inc. (501 (c) 3)		\$ _____
TOTAL FEES DUE TO NMSO		\$ _____

CHECKS, MC, VISA, AMEX, DISCOVER CREDIT CARDS ACCEPTED, CASH NOT ACCEPTED.

A 2.5% card processing fee will be charged. Call NMSO office to pay by phone.

Liability Waiver and Release:

In consideration of my participation in the New Mexico Senior Olympics, I, the undersigned, for myself and my heirs, waive and release all claims against New Mexico Senior Olympics, sponsors, organizers, and associates for any injury, damage, or loss arising from my participation. I confirm that I am physically fit and have sought medical advice if needed. I grant permission for the use of my likeness in event-related media without liability or obligation. I understand that my entry fee is non-refundable. I agree to follow all rules, regulations, and instructions from authorized personnel. I understand that failure to comply may result in disqualification or suspension.

Athlete Signature

Date

New Mexico Senior Olympics * P.O. Box 2690 * Roswell, NM 88202-2690 * 1-888-623-NMSO (6676) * (575) 623-5777 * Fax: (575) 622-9244
E-mail: nmso@nmseniorolympics.org * www.nmseniorolympics.org

2025 NEW MEXICO SENIOR OLYMPICS STATE GAMES – NORTH

EVENT REGISTRATION – JANUARY 13-16, 2025

Mark (X) the event(s) you wish to compete in, for a **Maximum of Three (3) Sports**. The Games Management cannot guarantee you will be able to compete in all events. Refer to Event Schedule for dates, time and locations. Liability Waiver must be signed to complete registration process. NMSO Game Management reserves the right to cancel a sport on the Competition Schedule that does not meet the required number of registrants to conduct the Sport(s). All events require a minimum number of registrants. PLEASE RETURN ALL PAGES OF THE ENTRY FORM.

AIR GUN

- Pistol-Standing Rifle-Standing
 Pistol-Supported Rifle-Supported

BASKETBALL SKILLS

- Free Throw
 3-Point

BILLIARDS

- Singles

BOWLING

- Singles
 Men's Doubles _____
Partner's Name
 Women's Doubles _____
Partner's Name

CORNHOLE

- Singles
 Doubles _____
Partner's Name
 Mixed Doubles _____
Partner's Name

FRISBEE ACCURACY

- Accuracy Throw

HUACHAS (WASHERS)

- Huachas

ICE HOCKEY

- Ice Hockey
 Team Name _____
 (Team Roster Required)

PICKLEBALL

- Singles
 Doubles _____
Partner's Name
 Mixed Doubles _____
Partner's Name

POWER LIFTING

- Power Lifting

SHUFFLEBOARD

- Singles
 Doubles _____
Partner's Name

SOCCER KICK ACCURACY

- Soccer Kick Accuracy

SWIMMING

- | | | |
|--------------------------------------|------------------------------------|-----------------------------------|
| <input type="checkbox"/> 50Y Back | <input type="checkbox"/> 50Y Free | <input type="checkbox"/> 100Y Fly |
| <input type="checkbox"/> 100Y Back | <input type="checkbox"/> 100Y Free | <input type="checkbox"/> 200Y Fly |
| <input type="checkbox"/> 200Y Back | <input type="checkbox"/> 200Y Free | <input type="checkbox"/> 100Y IM |
| <input type="checkbox"/> 50Y Breast | <input type="checkbox"/> 500Y Free | <input type="checkbox"/> 200Y IM |
| <input type="checkbox"/> 100Y Breast | <input type="checkbox"/> 50Y Fly | <input type="checkbox"/> 400Y IM |
| <input type="checkbox"/> 200Y Breast | | |

TABLE TENNIS

- Singles
 Doubles _____
Partner's Name
 Mixed Doubles _____
Partner's Name

TAI CHI

- Tai Chi (mark only one)
 Beginner Intermediate Advanced

Visit our website for a detailed competition schedule in order to minimize scheduling conflicts.

Game Hotels 2025



Inn of the Governors
800-234-4534
101 W. Alameda
\$129/night w tax & fees
Mention: NM Senior Olympics
Exp. 12/13/24

The Sage Hotel
866-433-0335
725 Cerrillos Rd. Suite A
\$105/night w tax & fees
Mention: NM Senior Olympics 2025

Coyote South
505-471-8811
3358 Cerrillos Rd
\$65/night w tax & fees
Mention: NM Senior Olympics 2025

Inn at Santa Fe
800-780-7234
8376 Cerrillos Rd
\$105/night w tax & fees
Mention: NM Senior Olympics 2025

La Fonda on the Plaza
505-982-5511
100 E. San Francisco St.
\$199/night w tax & fees
Mention: NM Senior Olympics or code 1147675
Exp. 1/1/25

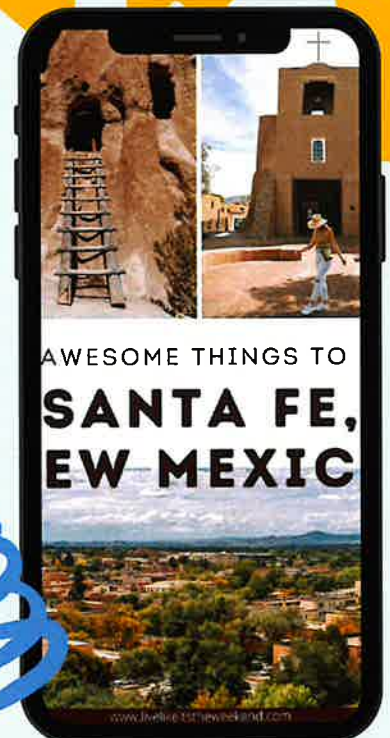
Pinon Court by La Fonda
505-995-0800
201 Montezuma St.
\$179/night w tax & fees
Mention: NM Senior Olympics or code 1147675
Exp. 1/1/25

Hyatt Place Santa Fe
888-492-8847
4320 Cerrillos Road
\$109/night w tax & fees
Mention: Group Code G-Game
Exp. 1/1/25

Cities of Gold Casino Hotel
505-455-0515
10 Cities of Gold Rd St. A
Mention: Senior Olympics State Games

Hilton of Santa Fe
800-445-8667
100 Sandoval St.
\$122/night w tax & fees
Mention: NM Senior Olympics
Exp: 12/19/24

Drury Plaza Hotel
505-424-2175
828 Paseo de Peralta
\$169/night w tax & fees
Mention: NM Senior Olympics
Exp: 12/13/24





**2025 NEW MEXICO SENIOR OLYMPICS
STATE GAMES –NORTH**



RECRUITING VOLUNTEERS

For the 2025 Senior Olympics State Games – North

To be held in SANTA FE, NM. Sport venues are located at the Convention Center, GCCC, Fort Marcy and other locations in Santa Fe. Volunteers signing up for a four-hour shift will receive a t-shirt. Large GROUPS of 20+ or more can register your group by calling 575-642-6048 or by email to cacosta@nmseniorolympics.org.

Volunteers will be required to attend an in-person general Game orientation (1 hour maximum)

Sign up to volunteer on our website at www.nmseniorolympics.org

Game Dates January 13-16, 2025

Sport Coordinators will confirm all volunteers' specific assignments and provide training in advance.

Certain sports require specific skills.

Pre-Game HQ Jan 9 – Jan 12	Game HQ Jan 13 – Jan 17 M - Fri	Souvenir Sales Jan 13 – Jan 16 M - Th	Athlete Check-In Jan 13 – Jan 16 M - Th	Fruit/Water Jan 13 – Jan 16 M - Th	Result Posting Jan 13 – Jan 16 M - Th
Air Gun Tues-Wed Indoor	Basketball Skills Set up – Wed Fort Marcy	Basketball Skills Th Fort Marcy	Billiards – 8 Ball Wed The Alley	Bowling Mon-Th Cities of Gold	Cornhole Set up – Mon AM Conv. Center
Cornhole Mon - Th Conv. Center	Frisbee Accuracy Mon Fort Marcy	Huachas (Washers) Set up - Tue Conv. Center	Huachas (Washers) Wed Conv. Center	Ice Hockey Mon GCCCC	Pickleball Set up – Mon AM GCCC
Pickleball Mon - Th GCCC	Power Lifting Tues GCCC	Shuffleboard Set up – Sun PM Conv. Center	Shuffleboard Mon-Th Conv. Center	Soccer Kick Mon Fort Marcy	Swimming Tues-Wed GCCC
Table Tennis Set up – Tues AM Fort Marcy	Table Tennis Tues - Wed Fort Marcy	Tai Chi Tue GCCC Com. Room	Event Runner M – Th	All areas require a limited number of volunteers	

? VOLUNTEER QUESTIONS ?

CALL 575-956-5539 or 505-392-6305

OR EMAIL

events@nmseniorolympics.org



Many Hands Make **LIGHT** Work

VOLUNTEERS
MAKE A DIFFERENCE
SIGN UP TODAY!



Mini Sport Descriptions

For a complete description of **PLAYING RULES** and **PLAYING FORMAT**, go to www.nmseniorolympics.org



AIR GUN - conducted in accordance with the rules of the National Rifle Association (NRA) (Precision Air Rifle Rules and International Style Pistol Rules) and the New Mexico Senior Olympics. Competitors must furnish regulation air guns, and all personal equipment needed for this event (excluding targets).



BASKETBALL SKILLS 3 POINT SHOT AND FREE THROW - an official size basketball will be used. The rim will be 10' high.



BILLIARDS EIGHT (8) BALL POOL - governed by standard rules recommended by the Billiard Congress of America. Singles play only in a double elimination tournament.



BOWLING - will be conducted in accordance with US Bowling Congress. This is a singles, doubles and mixed doubles tournament open to men and women.



CORNHOLE - All sport equipment will be provided for competitors and must be used. Athletes may compete in singles, men's doubles, women's doubles, and mixed doubles.



FRISBEE ACCURACY - object of the Game: Throw the Frisbee disc through a large hoop opening to earn points and score the highest points in each age division for men and for women.



HUACHAS (WASHERS) - all sport equipment will be provided for competitors and must be used. Event will be singles. Playing format will be double elimination or round robin tournaments.



ICE HOCKEY- EXHIBITION – this will be a team event.



PICKLEBALL - will be conducted in accordance with the USA Pickleball Association rules. Events will be singles, doubles and mixed doubles.



POWER LIFTING RULES-EXHIBITION-Squat, Bench Press, Deadlift - will be conducted in accordance with USA Power Lifting rules. Each competitor will compete in one lifting session and is allowed three attempts on each of three lifts.



SHUFFLEBOARD - will be ruled in accordance with official rules of the National Shuffleboard Association, Inc. Events will be singles and doubles (doubles may be mixed or of same gender).



SOCCER KICK ACCURACY - players must kick from behind a **centered 10-foot line** 36 feet and parallel to the center points.



SWIMMING - all events shall be conducted on a timed final basis. A false start will result in disqualification. Participant may be disqualified if the correct stroke is not used.



TABLE TENNIS - events will be singles, doubles and mixed doubles. Contestants must use their own paddle and be in accordance with USTTA rules.



TAI CHI – EXHIBITION - competition will be conducted in accordance with USAWKF rules. Participant level of experience and mastery shall be as follows: a. Beginner – 1 year of experience or less; b. Intermediate – 1-3 years of experience; c. Advanced – 3+ years of experience.

New Mexico Senior Olympics Team Tournaments

- \$300 registration fee + \$5/administrative player fee
- Great Officiating
- Mini Opening Ceremony
- First Aid Station



- Fruit and Water for Athletes
- Athletic Trainer
- Concessionaire
- Online Registration



Senior Olympics Volleyball
Men – Women – Co-ed
DATE TBA
Albuquerque, NM



Contact us at: (888)623-6676 or
Email: nmso@nmseniorolympics.org
www.nmseniorolympics.org



Senior Olympics Softball
Men – Women
September, 2025
Maag and Paz Fields
Las Cruces, NM

Thank You
TO OUR SPONSORS



Senior Olympics Basketball
Men – Women
November 2025
Genoveva Chavez Community Center
Santa Fe, NM





SAVE THE DATE

NEW MEXICO SENIOR OLYMPICS
State Summer Games

JUNE 11-15, 2025
LAS CRUCES, NM



STRENGTH TRAINING



CARDIO



FLEXIBILITY & BALANCE

ABOUT OUR CLASSES

- Class includes initial and follow-up fitness checks and health screening to measure results!
- Class participants make a commitment to attend 3x/week.
- All levels of activity are welcome!
- Beginners to Advanced