

Stay at Home Challenge

Season 2

New Mexico Senior Olympics, Inc.

FREE!

FREE!



Virtual events to play from home

NMSO invites you to participate in
Season 2 of the Stay At Home Challenge!

Play from home in any of the 14 sports/activities.
Challenges will run May through July - Up your Game each month.

“How to” for each Challenge, to include registration link is listed at
www.nmseniorolympics.org.

If you are already registered, your registration will work for Season 2!
Challenge results are based on the honor system. Submit your results
monthly to be entered into drawing to WIN a \$100 gift card!

Your good health is your greatest wealth. Be safe in everything you do!



Air Gun



Archery

BINGO Fitness - fill a card!



Cycling



Dance – shake it up



Fitness Workout



Frisbee Accuracy Throw



Gardening/Yardwork



Horseshoes



Running



Soccer Accuracy Kick

Swimming – lap swim



Triathlon – Swim, Bike, Run

Walking

