

New Mexico Senior Olympics Recreational Sport Rules

Softball Distance Throw Rules

Revised 3-2017

Playing Format

1. Each sport will be managed and planned by a volunteer Sport Coordinator identified and trained by New Mexico Senior Olympics Event Coordinator.
2. All sport equipment will be provided for competitors and must be used.
3. Object of the game is defined in playing rules.
4. Tie-breakers will be addressed at the conclusion of each age division.
5. **Out of bounds throwing area: Participants will throw from behind a 10' throwing line within a 45-degree angle measuring from center of line out to 150 feet to determine angle.**
6. A foot fault will be called if a player steps on or over the designated line and will automatically nullify the attempt.

Playing Rules

1. Object of the Game - To throw one softball as far as possible within the designated playing field area. Person receiving the longest throw will be declared the winner.
2. Each competitor will receive three throws behind the designated line. The ball may be thrown underhand or overhand. A foot fault will occur if player steps on or over the designated line.
3. An ASA approved 11 inch softball for women and 12 inch softball for men will be provided and must be used.
4. Measurements will be marked using a tape measure from the center of the starting line to the point where the softball hits the ground.
5. Measurements will be recorded in feet and inches to the closest 0.25 inch below the recording point.
6. To cross over the line (foot fault) will nullify the throw.
7. The longest throw will be the official recorded throw.
8. **Tie-breaker:** one additional throw will be allowed to declare the winner. If there is still a tie, second best throw will determine winner. A competitor must be present for the play-off or he/she will concede and accept the next lower award.
9. ONLY when tie breakers cannot be completed, awards will be as follows:
 - First place tie:** award two first place medals and one third place medal.
 - Second place tie:** award one first place medal and two second place medals.
 - Third place tie:** award one first place, one second place and two third place medals.

SOFTBALL DISTANCE THROW

SAMPLE SCORE SHEET WITH INSTRUCTIONS

(1) Gender (M/F) _____
(1) Age Division _____
(50-54, 55-59, etc.)

Instructions:

1. Enter Gender and Age Division for athletes for each form.
2. Enter Athlete's name and city.
3. Foul is if athlete steps across line or does not throw in indicated area. A foul will result in that throw not being counted.
4. Record all three (3) throws in feet (') and inches (") to the nearest .25". If foul occurs on a throw, mark an F on indicated line for that throw.
5. Indicate the longest throw.
6. If applicable and athlete is in a Tiebreaker, indicate distance for tiebreaker.
Reminder: Tiebreaker—one Tiebreaker allowed, if still tied, use second best throw.
7. Scorer/Recorder and Event Coordinator initial at bottom of sheet.

(2) Athlete's Name	_____			(2) City	_____
Distance Per Throw					
(4)	_____	_____	_____	(5)	_____
Throw	1	2	3	Longest Throw	
(6) Tiebreaker	_____				_____
(if applicable)					

(2) Athlete's Name	_____			(2) City	_____
Distance Per Throw					
(4)	_____	_____	_____	(5)	_____
Throw	1	2	3	Longest Throw	
(6) Tiebreaker	_____				_____
(if applicable)					

(7) Recorder/Scorer:	_____	(7) Sport Coordinator:	_____
	Initial		Initial

SOFTBALL DISTANCE THROW

SCORE SHEET

Gender (M/F) _____

Age Division _____
(50-54, 55-59, etc.)

Athlete's Name _____

City _____

_____ 1 _____ 2 _____ 3
Tiebreaker _____
(if applicable) _____

_____ Longest Throw

Athlete's Name _____

City _____

_____ 1 _____ 2 _____ 3
Tiebreaker _____
(if applicable) _____

_____ Longest Throw

Athlete's Name _____

City _____

_____ 1 _____ 2 _____ 3
Tiebreaker _____
(if applicable) _____

_____ Longest Throw

Athlete's Name _____

City _____

_____ 1 _____ 2 _____ 3
Tiebreaker _____
(if applicable) _____

_____ Longest Throw

Recorder/Scorer: _____
Initial

Sport Coordinator: _____
Initial