

# New Mexico Senior Olympics

## Road Race Rules

Revised 12-2017

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### Playing Format

1. All Road Race events will be conducted in accordance with USA Track & Field rules and National Senior Games Association rules, except as modified herein. For a copy of these rules, please write or call:

USA Track and Field  
132 E. Washington St. Suite 800  
Indianapolis, IN 46204  
(317) 261-0500  
www.usatf.org

National Senior Games Association  
P.O. Box 5630  
Clearwater, FL 33758  
(727) 475-1187  
www.nsga.com

2. Road Race Events will be 5K and 10K. Athlete must register for each event, 5K and 10K separately.
3. In both the 5K and 10K Road Race, all age divisions, both men and women, will run simultaneously.
4. See the Sport Table for race course map and directions to venue.

### Playing Rules

1. Water stops and course marshals will be stationed along the course.
2. NMSO reserves the right to reschedule or cancel event due to inclement weather.