



VOLUNTEERS ARE NEEDED



New Mexico Senior Olympics, Inc.

Senior Olympics program activities happen year round in New Mexico and are always in need of hard working Volunteers. We just may be in your city/community with a health promotion event, or a team tournament or the Annual Summer Games. We are currently searching for a few good people that would like to be involved at the policy management level – as a Board of Director member. WE NEED YOU! Visit our web site and we will keep you posted where we will be and when. Check us out at www.nmseniorolympics.org or email us at nmso@nmseniorolympics.org or call our office in Roswell toll free 1-888-623-6676 and ask about our schedule. We need YOU!

Health Promotion – Fitness – Educational workshops

Senior Olympics will organize and sponsor a day filled with information about health, fitness and sports free for older adults with the collaboration of local health educators, physicians and sport enthusiasts. Friendly volunteers are always needed to help with check-in, hospitality, meeting room facilitators and hands on demonstrations. If you can help us, please contact us and we will provide you more information on the details. You will find the workshops are always fun and interactive that you will want to join in when your volunteer shift has concluded. Volunteer shifts can be just a few hours on one day and you will feel refreshed that you made a difference in one person's life.

Team Tournaments

Senior Olympics conducts three team tournaments at three different venues on three different weekends –volleyball, softball and basketball. Tournament starts on Friday morning with preparing welcome bags and athlete check in. This is an opportunity that volunteers can help us welcome athletes from both out of state and instate to our tournament event. Senior Olympic athletes appreciate volunteers working on weekends so they can play lots of ball. Let the Games Begin!

Annual Summer Games

The Senior Olympics State Summer Games is the largest multi-sport event in our state for active older adults – happens every summer! We need hundreds of volunteers to support thirty different sporting events over the course of four days. We need volunteers to help with traffic during races, ball retrievers, check in clerical help, time keepers, measuring for throwing distances, scorekeepers, judges and computer data entry help! There is a volunteer sign up form required in order to confirm your volunteer assignment with sport coordinators running the various tournaments. Please call NMSO 1-888-623-6676 and we will connect you with the sporting event of your preference. Volunteers must be 16 years or older and must work a four hour shift for a free t-shirt, certificate and invitation to attend the volunteer kickoff!

NMSO Board of Director Member

As a non-profit statewide organization dedicated to motivate older adults 50 years and older to live a healthy lifestyle through Senior Olympics – local, state and nationals, we are always looking for Volunteers to serve on the Board of Directors with skills and talents in the area of marketing, public relations, fundraising, promotion and sports management. Board Members serve a two year term as a board member and meet bi-monthly on the third Thursday. Contact NMSO for a Board application information packet.